



**National Book Foundation**

Textbook of  
**ENGLISH**

Grade

**6**



National Book Foundation  
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Islamabad

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○ Standards ○ Outcomes ○ Access ○ Style

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**Textbook of  
English Grade - 6**



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# Preface

English textbook for Grade VI has been developed according to the revised Curriculum 2017, in the light of standards for quality textbooks. With its new design and layout it meets contemporary standards of quality textbooks. The book comprises of a collection of materials carefully developed to enhance communicative competence among learners through oral and written instructional materials.

The main objective of this textbook is to provide the learners with logical, interactive and communicative material for teaching different language skills. The focus of this book is to inculcate ideas and to nourish critical thinking skills in young minds. The enlarged emphasis on activities in this textbook aims to equip students with the appropriate sociolinguistic and psycholinguistic aspects of English language according to our national context.

The National Book Foundation is always striving for improvement in all qualitative aspects of its books ranging from designing and writing to printing. This new edition of the English language textbook for grade 6 incorporates graphics, content and exercises. The balanced blend of these elements is intended to make learning more pleasant taking into consideration modern pedagogical principles for textbook design as well as the learning needs of the students. The production of the textbook is a collaborative process, and thanks are due to the writers, reviewers, technical facilitators, graphic designers and the staff of the Ministry of Federal Education and Professional Training and the National Book Foundation.

An amalgamation of the best possible efforts of all engaged in its production, this textbook stands as an improved version on the previous editions. However there is always room for further improvement based on suggestions from the teachers and the community. Such feedback will be highly appreciated in making future editions of this the book more valuable.

May Allah guides and helps us (Ameen).

**National Book Foundation**

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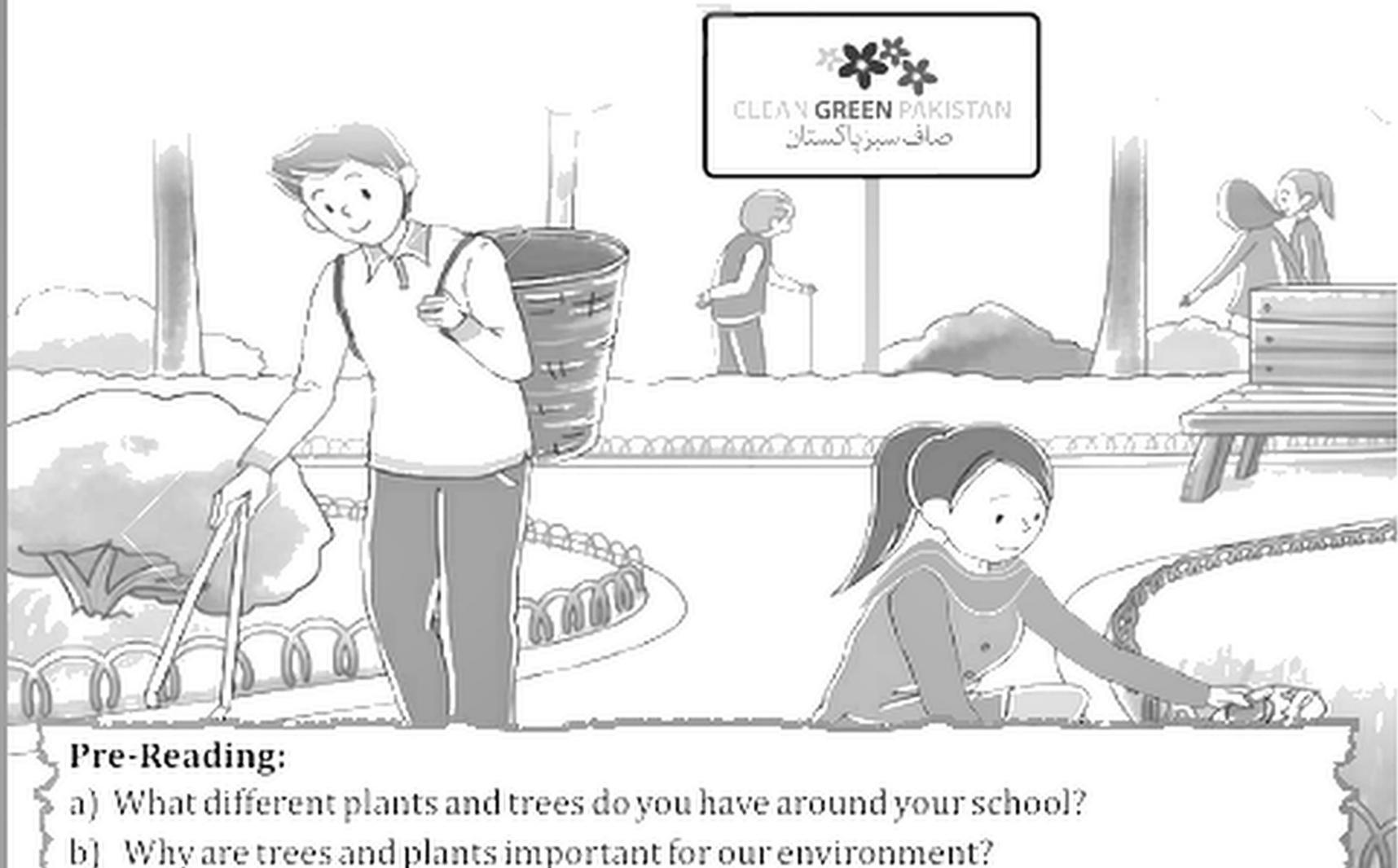
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# Clean and Green Pakistan A Campaign

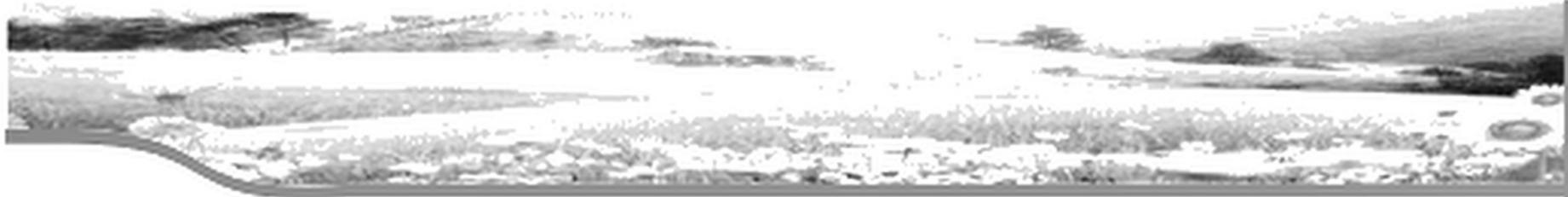
**After reading this unit, the students will be able to:**

- ❖ read a dialogue as a lesson
- ❖ use international phonetic alphabet (IPA) chart for pronunciation
- ❖ enhance vocabulary through word cloud
- ❖ read a poem about commitment
- ❖ understand the difference between prose and poetry
- ❖ use exclamation mark and "can" as a modal verb
- ❖ make commitments and fulfill them
- ❖ write a short poem
- ❖ make a flyer for a campaign
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading



## Pre-Reading:

- a) What different plants and trees do you have around your school?
- b) Why are trees and plants important for our environment?



## Clean and Green Pakistan A Campaign

**Teacher:** Hello students! I welcome you to your new class. I hope you'll have another successful year ahead.

**Students:** thank you, teacher!

**Teacher:** On the first day of your school, we've arranged some interesting activities for you. Are you excited!

**Students:** Sure, Sir! Looking Forward!

**Student A:** What are the activities about? Sir!

**Teacher:** Well! You know it's the beginning of spring season when we plant saplings and trees.

**Student B:** Yes Sir, I heard it that we are going to plant a billion trees. This is a huge number.

**Teacher:** Yes! This is one activity of the campaign "Clean & Green Pakistan". Let me explain it further. When we plan a series of activities to achieve our targets, it is called a campaign. And in order to make it successful every citizen, be it old or young has to take part in it.

**Student C:** Sir, it's just like home where we all have to maintain cleanliness.

**Teacher:** Good comparison! Our country is our home and we all need to be careful about performing our civic duties.

**Student D:** Civic duties? What are these, Sir?

**Teacher:** These are the duties that we must perform as citizens of a country. For example following rules, respecting the rights of others and doing good for the betterment of the country.

**Student E:** Sir! What will be our duties for the campaign of "Clean & Green Pakistan"?

**Teacher:** To begin with, you have to work as a team! With global warming becoming a huge challenge in our region, we need to come up with workable solutions towards achieving fruitful results. Today we're going to plant trees on the roadside opposite our school. We'll also take the responsibility to safeguard them through all seasons. Such trees will save us from direct





heat in summers and add shadowy places to attract the colourful chirping birds.

**Student F:** Sir! Trees make every place look fresh. Be it a park, playground or garden ... but then there is garbage thrown everywhere and it looks so dirty.

**Teacher:** Okay, now! Here's a problem. I always say that there are at least six solutions to every problem. Let's begin.

**Student G:** Sir, we make a team and clean the place!

**Teacher:** But can you clean the whole country?

**Student H:** Sir, we'll guide people not to throw garbage any where.

**Teacher:** Yes, you can guide them politely. We can keep our streets as clean as our homes; throw garbage at the garbage collection points. Added to this, if people use public toilets with care, we'll be able to enjoy life without flies, mosquitoes, cockroaches and other insects.

**Student I:** Sir, we should keep our home as well as school clean especially school washrooms.

**Student J:** This is every one's responsibility to use them with care.

**Teacher:** And for this, we should daily check our surroundings and keep them clean. By doing this, we can stay healthy. In fact when we are free from dirt; we are free from germs. Let Pakistan emerge as an example of a clean and green country in the world.

**Students:** We promise to do our best, Sir!

**Teacher:** Wonderful! By your involvement in this decision making process, you will help improve conditions for everyone and the reward of all this is - happiness. May Allah (ﷻ) grant you success! Now let's make lines to go outside and start our project "Clean and Green Pakistan"

*(They all leave the class)*





## Understanding and Comprehension

### Answer the following questions

- What in your opinion is the beauty of nature?
- Write a message to promote the clean and green campaign in your school.
- The required mindset comes with forming habits. List at least two habits which will help in keeping you and your surroundings clean.
- How can you make cleanliness campaign effective in your school, home and street?
- Imagine how your country will look if this campaign is successful. Write a paragraph about it.



## Working with Words

### 1- Vocabulary, Diction & Pronunciation:

Work in pairs and help each other in making sentences of the words given in the table. For phonetic transcription, follow the chart given under the table.

Words (part of speech)	Phonetic Transcription	Meaning
Campaign noun	/kæm'peɪn/	a series of planned activities that are intended to achieve a particular social, commercial or political aim
Maintain verb	/meɪn'teɪn/	to make something continue at the same level and standard
Administrative adjective	/əd'mɪnɪstrətɪv/	connected with organizing the work of a business or an institution
Academic adjective	/,ækə'demɪk/	connected with education, especially studying in schools and universities
Global adjective	/'glɔːbl/	covering or affecting the whole world
Challenge noun	/'tʃælɪndʒ/	a new or difficult task that tests somebody's ability and skill
Safeguard verb	/'seɪfɡɑːd/	to protect something/somebody from loss, harm or damage; to keep something safe
hygiene	/'haɪdʒiːn/	keeping yourself and your living and working areas clean in order to prevent illness and disease

## International Phonetic Alphabet (IPA)

Given below is the pronunciation chart. This will help you for pronunciation practice. Consult this table for the pronunciation of words of all the units

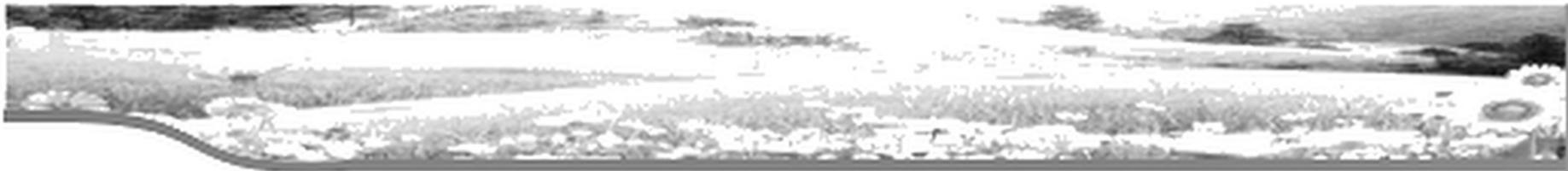
### Consonant - Examples

b	<u>B</u> AD, <u>L</u> AB	m	<u>M</u> AN, <u>L</u> EMON	tʃ	<u>C</u> HECK, <u>CH</u> URCH
d	<u>D</u> ID, <u>L</u> ADY	n	<u>N</u> O, <u>T</u> EN	θ	<u>TH</u> INK, <u>BO</u> TH
f	<u>F</u> IND, <u>I</u> F	ŋ	<u>S</u> ING, <u>F</u> INGER	ð	<u>TH</u> IS, <u>M</u> OTHER
g	<u>G</u> IVE, <u>F</u> LAG	p	<u>P</u> ET, <u>M</u> AP	v	<u>V</u> OICE, <u>F</u> IVE
h	<u>H</u> OW, <u>H</u> ELLO	r	<u>R</u> ED, <u>T</u> RY	w	<u>W</u> ET, <u>W</u> INDOW
j	<u>Y</u> ES, <u>Y</u> ELLOW	s	<u>S</u> UN, <u>M</u> ISS	z	<u>Z</u> OO, <u>L</u> AZY
k	<u>C</u> AT, <u>B</u> ACK	ʃ	<u>S</u> HE, <u>C</u> RASH	ʒ	<u>P</u> LEASURE, <u>V</u> ISION
l	<u>L</u> EG, <u>L</u> ITTLE	t	<u>T</u> EA, <u>G</u> ETTING	dʒ	<u>J</u> UST, <u>L</u> ARGE

### Vowels - Examples

Single Sounds	Double Sounds	Diphthongs			
ʌ	<u>C</u> UP, <u>L</u> UCK	i:	<u>S</u> EE, <u>H</u> EAT	eɪ	<u>S</u> AY, <u>E</u> IGHT
æ	<u>C</u> AT, <u>B</u> LACK	ɑ:	<u>A</u> RM, <u>F</u> ATHER	oʊ	<u>G</u> O, <u>H</u> OME
e	<u>T</u> EA, <u>G</u> ETTING	ɔ:	<u>C</u> ALL, <u>F</u> OUR	ɔɪ	<u>B</u> OY, <u>J</u> OIN
ə	<u>A</u> WAY, <u>C</u> INEMA	ɜ:ɹ	<u>T</u> URN, <u>L</u> EARN	eəɹ	<u>W</u> HERE, <u>A</u> IR
ɪ	<u>H</u> IT, <u>S</u> ITTING	u:	<u>B</u> LUE, <u>F</u> OOD	ɪəɹ	<u>N</u> EAR, <u>H</u> ERE
ɒ	<u>H</u> OT, <u>R</u> OCK			oəɹ	<u>P</u> URE, <u>T</u> OURIST
ʊ	<u>P</u> UT, <u>C</u> OULD			aɪ	<u>F</u> IVE, <u>E</u> YE
				aʊ	<u>N</u> OW, <u>O</u> UT

**Teaching Point:** The International Phonetic Alphabet (IPA) has been developed by the International Phonetic Association as a writing system that can be used to describe the sounds used in speech across languages. Practice will be needed by the students to initially understand the use of the chart. Consonants are regular sounds and are comparatively easier but vowels need more practice. Single sounds are shorter than the double dotted sounds. Diphthongs are two



## 2-Word Cloud:

A word cloud is a group of words connected with the theme word. How many words do you recognize from the two word clouds below? Taking help from these words write five sentences each on the topics of Clean and Green.



## 3- Word Position - Parts of Speech:

The position of the word "clean" is shown at different parts of speech.



Some examples of **compound words**: Clean-cut, clean-living, clean-up, dry-clean



## Reading Makes Us Wise!

A poem is given on the campaign of Clean and Green. Sing it like a song by following the given punctuation marks as:

1. Comma: (,) It means a small pause.
2. Full stop: (.) This is a sentence break, hence it is a longer pause.
3. Exclamation: (!) It is used to put emotions in the tone. Some expression in the voice has to be added to perform the meaning.



## My Commitment to My Country

I keep my country clean.

I keep my country clean.

I pick, pick, pick

Wrappers, bottles, sticks and papers

I don't throw things and litter places.

I keep my country clean.



Campaign in action

I keep my country green,

I keep my country green.

I plant, plant, plant

Flowers, shrubs, bushes and trees

I don't pluck flowers or chop trees.

I keep my country green.



Jacaranda trees in bloom

I can make my country clean!

I can make my country green!

I work, work, work;

To make plains, hills, lakes and fields

bloom with flowers and buzz with bees.

I keep my country clean and green.

Task: Difference between prose and poetry

How is prose different from poetry? One point is given in the table below as an example. Find out two more points and add these to the list.

Prose	Poetry
Prose refers to a form of writing which has ordinary language and sentence structure.	Poetry is creative writing which has rhythm and mood.



**Language Corner**



*You are amazing!*

**1-Exclamation Mark:**

An exclamatory sentence makes a statement that conveys strong emotion or excitement. In truth, exclamation marks are like sugar. These add tone and some emphasis on certain words. Let's take a look at some exclamatory sentence examples. Make three similar sentences to understand the meaning.

Exclamatory types with example	
Exclamatory Sentence with "What:"	What a cute puppy!
Express Strong Emotion:	Fantastic, let's go!
Exclamatory Sentence with "How:"	How fast you ran!
Exclamatory Sentences Containing "So:"	I'm so mad right now!
Exclamatory Sentences Containing "Such:"	He's such a kind soul!

**2-Modal Verb "Can":**

Modal verbs give meaning to the verbs. For example; **can** stands for the ability to do something. It is also used for asking questions and taking permission etc. Five statement with the use of **can** are given below in column A. Column B has the meaning of the verb can. Match the right response. An example is given to help you.

Column A	Column A
We <b>can</b> stay with our uncle when we are in Peshawar. She <b>can</b> go out of the classroom. <b>Can</b> you give me your pencil? Any child <b>can</b> grow up to become president of the country. I <b>can</b> ride a horse	permission request ability choice possibility



### 3- Compound Words:

A compound word is where two or more words are put together to form a word or phrase with a new meaning. They fall into three categories i.e. open, closed and hyphenated compound words. Examples are given to help you find five examples for each category.

#### Open Compound words

Ice cream / study room

#### Closed compound words

mindset / cannot

#### Hyphenated words

dry-clean / clean-cut



### Creative Writing

#### 1- Commitments - Essential for Life:

Education helps us to live a better life in a disciplined manner. It helps us to form habits and a better style of living. Choose one commitment which you want to adopt from the list given below. Present it in the class with reasons!

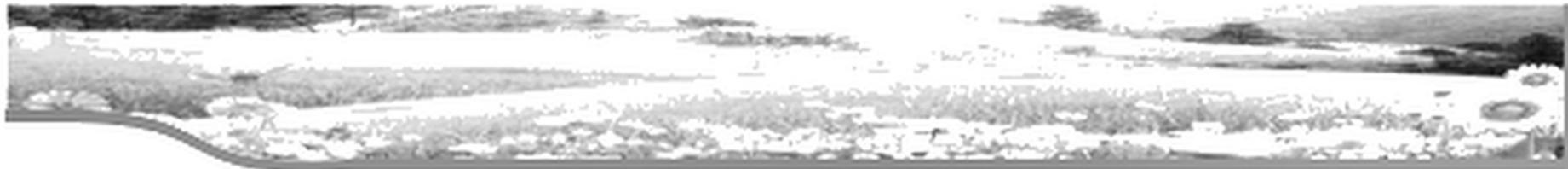
- ❖ Take care of personal hygiene without being told to do so
- ❖ Use a broom and dustpan properly
- ❖ Take out the trash and carry it to the garbage collection point
- ❖ Keep you classroom neat and clean

#### 2- Art of writing Poetry:

Poetry is an interesting form of writing. We can express ourselves feely. There are some rules which need to be followed for certain styles, however it can be a great way to express feelings. Anyone can write poetry. Just pick up a pencil and begin practicing. Some of the important stages are:

- i. Begin with an idea
- ii. Brainstorm
- iii. organize your thoughts
- iv. Use rhyming words
- v. Use a lot of descriptive words.

You may read the poem in the unit once again for inspiration.



### 3- Flyer making for a Campaign:

Flyers have long been considered a great way to get your message to the general public. Prepare a flyer for the people around your home and school to make the campaign 'Clean and Green Pakistan' a great success. A few guidelines for flyer making are given below:

#### 1. Include the basics

Make sure your flyer states the who, what, where, and when of what you're trying to communicate.

#### 2. Go for eye-catching imagery

Flyer design is important so use images that will grab people's attention.

#### 3. Keep it brief

When it comes to text, less is more. Too many words will detract from your imagery and the essential information.

**Note:** A sample flyer is given to assist you in making your flyer.



### Fluency of expression

#### 1- Quotes Collection:

Quotes are form of direct speech and should always be written within quotation marks. The name of author should be acknowledged. Using quotes in your written and spoken expressions adds value to it. Five quotations are given on the topic of Commitment. Learn these and practice in daily speech.

Commitment is defined as a willingness to give your time and energy to something that you believe in, or a promise or firm decision to do something. May these quotes inspire you to be committed for making your dreams a reality.



### Let's make a flyer

#### Sample template

Title:

Picture:

Objectives:

Venue:

Contact:

- Name (s)
- Phone No.
- email:



- ❖ "Commitment is what transforms a promise into reality."  
(Abraham Lincoln)
- ❖ "Stay committed to your decisions, but stay flexible in your approach".  
(Tom Robbins)
- ❖ Commitment is an act, not a word".  
(Jean-Paul Sartre)
- ❖ "I am easily satisfied with the very best".  
(Winston Churchill)
- ❖ "You may have to fight a battle more than once to win it."  
(Margaret Thatcher)

## 2-Idiomatic Expressions:

**Idioms** in English language are a type of **figurative language**. A figurative expression is one whose meaning has no relation to the words in the phrase. They use creative descriptions to share an idea of feeling. Idioms helps us to promote fluent and ready response. Learn the following idioms and use them in daily conversation. Definition are give to understand the meaning. Learn and practice the idioms to enhance your fluency of speech.

S.No	Idioms	Meaning	Usage in sentences
01	Can't make heads or tails out of something	not be able to understand something	She talks and talks but I can't make heads or tails out of it'
02	Have a good head on your shoulders	be intelligent	
03	From head to toe	dressed or covered in something completely	
04	Get your head above water	keep going in life despite many difficulties	
05	Bury one's head in the sand	ignore something completely	
06	Drum something into someone's head	repeat over and over until someone learns something	



### 3-Speech Acts - Polite & Friendly Request

1. Can you please take care of my dog for an hour?

2. Oh no! I'm scared of animals.

3. Come on, he's a friendly dog. He'll play with you. Take this ball.

Are you sure? Let me first try the ball trick. He seems to be a good dog.

Don't worry! You'll like him.

He seems to be a good dog!



### 4-Fun Reading:

**Q: What has hands but can't clap?**

**A: A clock!**



02

# Healthy Living

After reading this unit the students will be able to

- ❖ identify different ways of healthy living.
- ❖ explain that healthy living encompasses both body and mind.
- ❖ identify and locate given words in dictionary and be able to use them in sentences.
- ❖ use different types of sentences and types of figurative language.
- ❖ work collaboratively in groups on a given task/ project.
- ❖ write story with the help of picture prompt.
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading



## Pre-Reading:

1- What is healthy living to you?

2- "The first wealth is health." -

*(Ralph Waldo Emerson)*

a) What does this quote mean to you?

b) Do you agree with Emerson? Give at least two reasons.



## Healthy Living

Like machines, humans also have hardware and software which help us to exist in the world. The hardware is our physique - the way we appear to the world and the software is our inner - the way we think and feel. Healthy living means maintaining healthy hardware and software. This healthy existence depends on what we provide to ourselves.

*"The human body is the best picture of the human soul." -- Tony Robbins*

Our body is kept healthy when we feed it with right kind of food from all the nutrient groups in the required proportion at the right time. This means that there should be equal presence of fresh fruits/vegetables, dairy products, dry fruits/seeds and meat etc. Whereas, the right proportion means the quantity of food according to the needs of the body. If a person takes in more food than required, the excess food is converted to fat that results in weight gain and diseases like diabetes, heart problem and joints pain. Eating too little and unbalanced food causes weight loss because the fat is used for energy and leads to disease like anaemia. Hence the importance of a well-balanced diet is evident as it aims to provide nutrients essential for proper growth and functioning of the human body in adequate proportions.





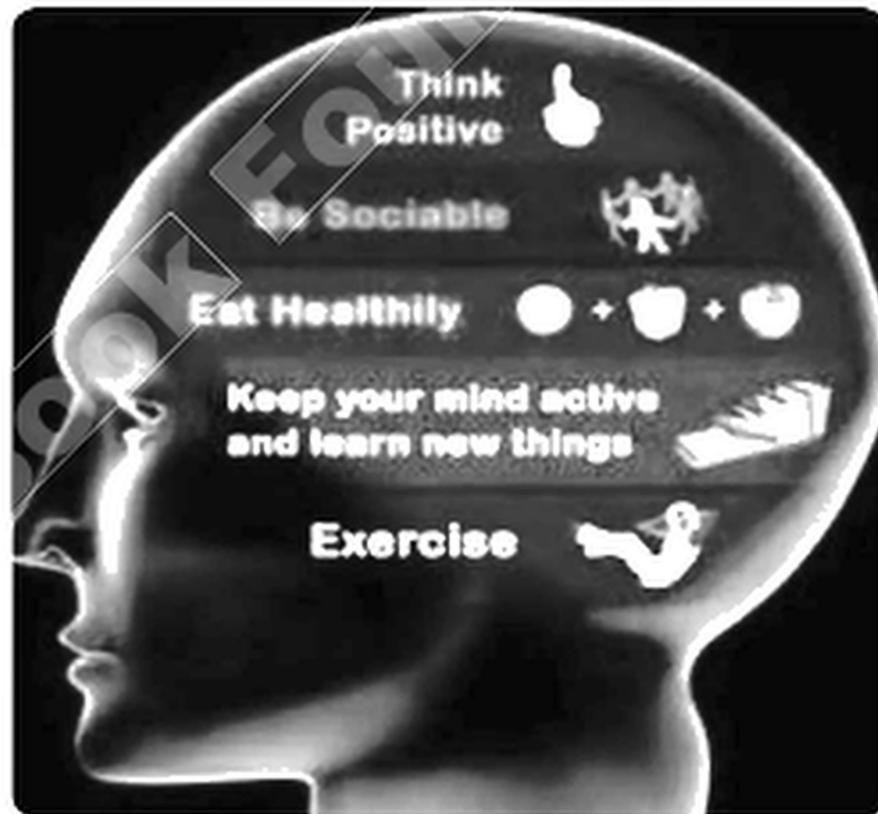
### Some guidelines towards keeping a healthy hardware of our bodies are:

- ❖ *choose whole instead processed food*
- ❖ *say 'no' to sugar and choose nuts instead*
- ❖ *keep healthy food readily available*
- ❖ *balanced diet with right sized portions*
- ❖ *30 minutes physical exercise daily*



*"We are shaped by our thoughts; we become what we think.  
When the mind is pure joy follows like a shadow which never leaves." - Buddha*

Healthy mind and inner self depend on the quality of our positive thoughts. To maintain ourselves healthy from inside, we should guard the garden of our mind from harmful thoughts and feelings. Positive thoughts like praise, acceptance and tolerance towards others lead to contentment and peace. They make us happy and our life becomes more enjoyable because they generate positive energy.



One should appreciate others when it is due, and accept them with all their differences. Allah has made us all with utmost care and love and He loves all of His creations. Therefore, we should also respect and love our fellow beings.



We should keep a watch on what we allow inside our minds, starting from words we speak, thoughts and attitude towards others. We should not waste energy and time on gossiping, bad-mouthing and finding faults in others. These lead to negative thoughts like jealousy, guilt, fear and making excuses to cover up how we actually feel. These negative thoughts lead to unhealthy and therefore, unhappy life



Some guidelines to maintain healthy software are:

- ❖ *Think before you speak especially when it relates to others.*
- ❖ *Don't say anything until it is true, useful or kind.*
- ❖ *Don't say inside, what you can't say outside.*
- ❖ *Say what you mean. Mean what you say.*
- ❖ *Don't say to anyone unless you can say to everyone.*



Aspiring to live healthy, the benefits of regular exercise and physical activity are hard to ignore. It is recommended to have at least 30 minutes of physical activity every day. This time can be utilized in playing our favourite sports, doing some exercise or going for a walk in the morning or evening. Adding physical activity to our daily routine adds quality in life with health benefits as well as mental peace. It reduces risk to many diseases, makes joints and muscles stronger and maintains body weight. It also leads to healthier state of mind and lifts our moods which leads to improved social life. Exercise, meditation and physical activity every day, are a great way to feel better, boost your health and have fun. One should remember that desired change in lifestyle does not happen overnight and it takes a lot of dedication and hard work to start living healthy.







Function noun	/'ʌŋ(k)ʃ(ə)n/	An activity that is natural to or the purpose of a person or thing
Healthy	/'helθi/	In a good physical or mental condition

Task: Work in pairs and help each other in making sentences of the words given in the table above. *For example:* Anemia is caused by **deficiency** of iron in blood.

### 2- Word Cloud:

A **Word Cloud** is a group of words connected with a theme word. How many words do you recognize from the word cloud below? Taking help from these words write five sentences on the topic of health.



### 3- Word Position - in the Dictionary:

- a) Look into a dictionary and find at least three words with these entry words:  
 i- head                      ii-book                      iii-bath  
 Example: **Door**      doorknob, door-handle, doormat etc
- b) Look into dictionary and find synonyms of the following words:

i-skyline

ii- deficiency

iii-stream

iv- energetic

v- happy





Stories of a 13-year-old boy who had similar talents to legendary Argentinian footballer Diego Maradona had reached the ears of *FC Barcelona's* technical director, Carles Rexach. Intrigued, he sent an offer to the Leo's family, proposing a trial where he could see the boy's famed skills for himself. If he passed, the club would cover his medical bills, but on the condition that Leo moved to Spain.



#### Read me

Read this line and write in your words how hard Leo worked to achieve his goal in life

*He practiced day in and day out, skipping outings with his friends to train at home before a game.*

While Leo didn't want to leave his life in Rosario behind, his dream of becoming a professional football player was too important. So, in September 2000, Leo and his family uprooted their lives and flew across the Atlantic to Barcelona. The family stayed in a hotel while Leo presented himself to the prestigious *FC Barcelona Youth* team. He was given his uniform and went to the changing room, where he didn't speak a word to his new teammates. They all looked at him in disbelief of how small he was, but after he spent two minutes on the pitch, they were in disbelief of how *good* he was. Coach Carles was so impressed that he offered Leo a contract on the only thing he had at hand — a paper napkin. Leo signed it, opening the door to the life he had always dreamed of.

Today the world knows Leo as Lionel Messi - the boy who was once too small to play with his cousins is now the winner of five Golden Balls, three European Golden Shoes, and is one of the top goal scorers in the world.





**Task - Group Work:**

- ❖ Work in small groups and with the help of internet in your school's computer lab prepare a fact file of *Lionel Messi*.
- ❖ Can you come up with a similar story of someone who lived to fulfill his/her dream? Write a brief account of his/her life.

A Fact File can be like as given below however it is not the only way to write a fact file and you can bring in your innovative ideas:

Born in & at	
First professional appearance	
First club	
First title	
Best Records	



**Language Corner**

**1- Sentence:**

A sentence is a set of words that is complete in itself and conveys a thought. A sentence typically contains a subject and predicate consisting of a main clause and sometimes one or more subordinate clauses.

The sentence can take different forms and these are:

- ❖ Statement to convey a piece of information.
- ❖ Question to find about something.
- ❖ Command to tell someone to do something.
- ❖ Exclamation to express feelings.

Examples of Sentences	Types of Sentence
To achieve your targets, you shall have to work hard 1-	Statement
Have you drunk enough water today? 2-	Question
Don't waste your time in watching TV every night. 3-	Command
Wow! What an amazing goal! 4-	Exclamation

**Task:** One example for each type of sentence is given above. Write another sentence of each type in the given spaces.



## 2- Subject and Predicate:

The subject of a sentence consists of naming words and the predicate is concerned with doing or being. The main word in the subject is a noun and the main word in the predicate is verb.

Example: The happy boy showed his trophy to the audience.



Task: Add suitable *predicates* to the following *subjects* to make meaningful sentences.

- a. We \_\_\_\_\_
- b. That man who is the coach \_\_\_\_\_
- c. An engine \_\_\_\_\_
- d. The women with the glasses \_\_\_\_\_
- e. The dog without a tail \_\_\_\_\_

The old dog	The nuge boxes	A short lady
My big brother	All the kids	One of us
Sick people	Those candies	The gray clouds
are tall.	eats a lot.	are squeaky.
are closed.	went home.	smells bad.
were sleeping.	are empty.	are very fruity.

### A one minute job!

Match the subjects in blue boxes with appropriate predicates in red boxes to make new sentences.

(watch your time and record it. Let's see who wins!)





### 3- Simile and Metaphor-Types of Figurative language:

A **simile** is a comparison between two dissimilar things using the words like or as. For example; *Her hair is as white as snow* or *the grass in the field is like a lush green carpet on the earth*. A metaphor goes one step further to make a direct statement (without using like or as). **Metaphor** is a figure of speech that is used to make a comparison between two different things which have some thing in common.

**Task:** Search for the meanings of metaphors given below and record in your notebooks. Use these metaphors in your own sentences to make their meanings clear.

*feeling blue, apple of my eye, time is a thief, and bubbly personality. For example: It seems that you are **feeling blue**. Is there something wrong that you would like to share with me?*

# SIMILES

Spot it & IT™!

She was as proud as a peacock.

Spot the simile that means she was very proud.

What the Greek that means his toes are freezing cold.

His toes are as cold as ice cubes.

## Metaphors

You are the Apple of my eye.

## Simile

As alike as two peas in a pod

### Examples of Metaphor

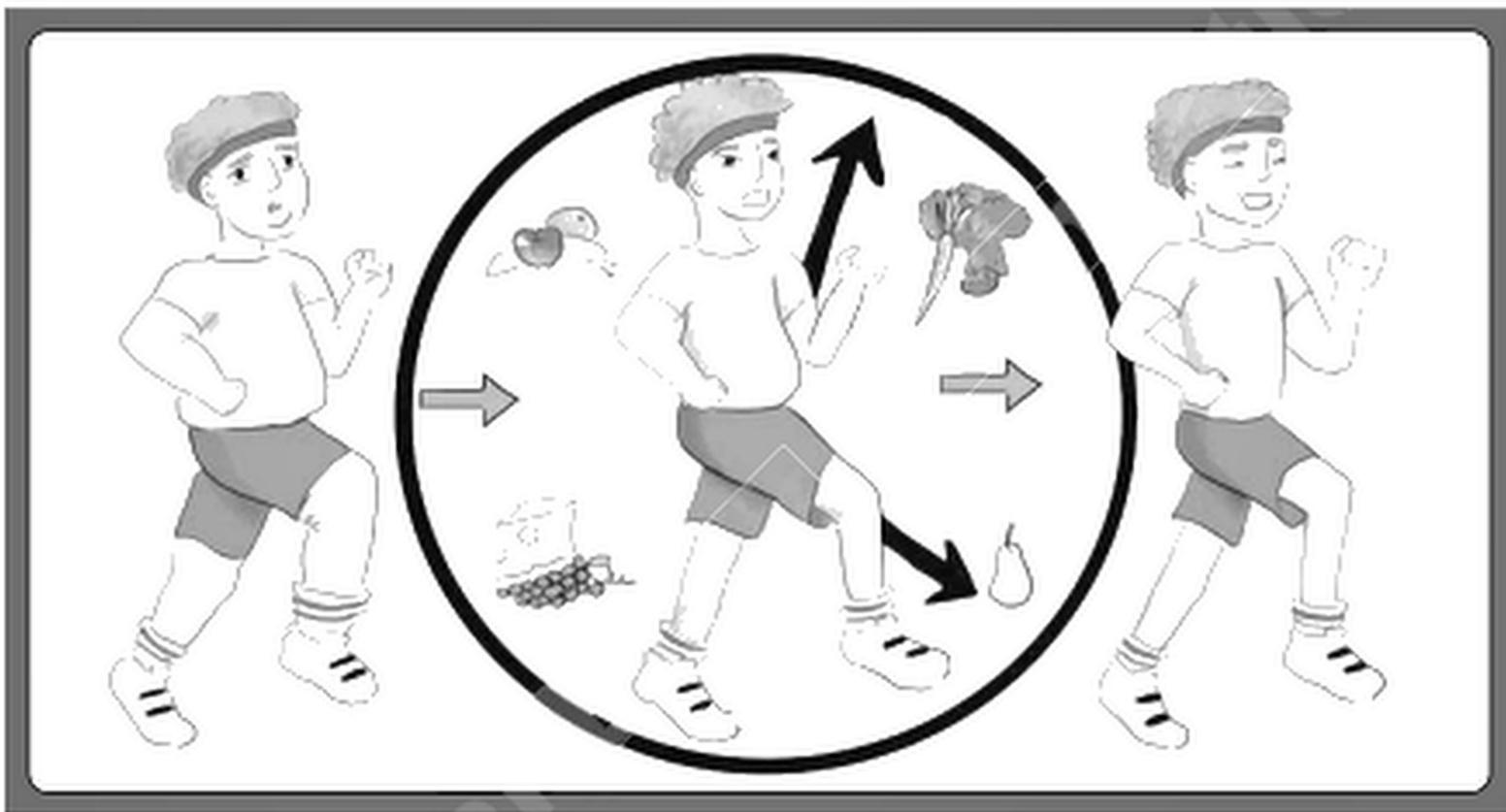
- Her eyes were saucers.
- Harry, the brightly dressed peacock.
- The Olympic runner is the wind.
- Mr. Smith is an encyclopedia of sports trivia.
- The cup of hot tea was the best medicine for my cold.



## Creative Writing

### Task-Writing a Story with the help of a Picture Prompt

Write a story about the boy in the picture below. Take help from the word pool given at the bottom of the picture:



**Tip:** Follow the sequence of the words

Unhappy, tires easily, advice, healthy life style, balanced diet, right portion, right kind of food, physical activity, positive thoughts, quality times, happy, active, productive, "A man is, what he feeds himself"

### Library is Home to Wise:

Visit your school library and find books on nutrition and healthy ways of being.

- ❖ List the ways for keeping your hardware and software healthy.
- ❖ Find out information about your favourite sports and enlist famous players of that sports.



## Fluency of expression

### 1- Quotes Collection:

Quotes are a form of direct speech and should always be written within quotation marks. The name of the author should be acknowledged. Collect at least five more quotes on healthy living and write them in your note book.

1

"Early to bed and early to rise, makes a man healthy wealthy and wise."

*(Benjamin Franklin)*

2

"Our bodies are our gardens - our wills are our gardeners."

*(William Shakespeare)*

"The doctor of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition."

*(Thomas Edison)*

"A healthy outside starts from the inside."

*(Robert Urich)*

3

4

### 2- Idioms-Type of Figurative language:

**Idioms** in English language are a type of **figurative** language. A figurative expression is one whose meaning has no relation to the words *in* the phrase. They use creative descriptions to share an idea or feeling. Here are some idioms related to food along with their meanings. Use them in your own sentences to elaborate their meaning.

Sr. No	Idioms	Meanings	Use in Sentences
01	Piece of cake	Something very easy	Winning that debate competition was a <i>piece of cake</i> for Aamna.
02	have bigger fish to fry	Have more important things to do	



03	like two peas in a pod	Nearly identical, very similar	
04	hard nut to crack	A difficult problem or a difficult person	
05	cry over spilt milk	To be unhappy because of a past event which cannot be changed now	
06	food for thought	Something that makes you think carefully	
07	pie in the sky	Something unrealistic that cannot be achieved	
08	couch potato	A lazy person who watches tv too much	
09	tough cookie	A very determined person	
10	cool as a cucumber	A person who is able to remain calm	

### 3-Speech Acts: Think-Pair-Share

- 1- Put the students into pairs.
- 2- Write names of different foods on the board.
- 3- Make a list of healthy and unhealthy food and discuss it in the group.

Student A: I like apples. They are healthy.



Student B: I like bananas more. They give energy.



Student B: I like Biryani too. It's always yummy.



Student A: I don't like Biryani. It's too spicy for me.



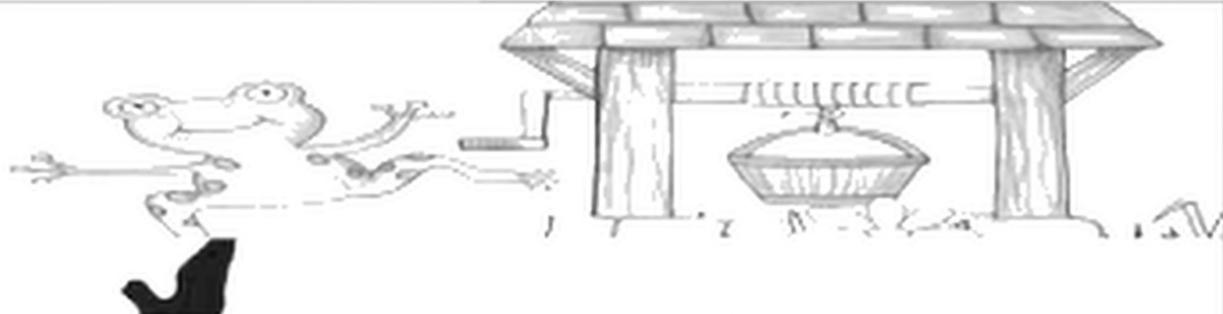
### 4-Fun Reading:

**Q:** What are the two things you can't have for breakfast?

**A:** Lunch and dinner.



03



## Little Frog in the Well

**After reading this unit the students will be able to**

- ❖ understand a fable as short story with animals as characters and a moral at the end.
- ❖ learn synonyms of words
- ❖ practice conversation for effective communication
- ❖ think in English for fluency of expression
- ❖ analyse a monologue as a speech tool
- ❖ complete a semantic map for three verbs
- ❖ practice a modal verb "Must" for two uses
- ❖ write conversation and story as guided activities
- ❖ find strategies to offer help
- ❖ express fluently through quotations, idioms, speech acts and fun reading
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading

### Pre-Reading:

- a) Do you know any idiom on a frog in your mother tongue?



## Little Frog in the Well

My good friends imagine if you were to live at the bottom of a deep, dark well. What kind of a world would you see?

There was a Little Frog who lived at the bottom of a deep, dark well. Now let us go down there and see what kind of a world he had.

It was a very old well filled with shallow water at the bottom. The walls of the well were all covered with wet moss. When the Little Frog was thirsty, he drank a little bit of the well water, and when he was hungry, he ate some insects. When he was tired, he lay on a little rock at the bottom of the well and looked up at the sky above him. Sometimes he saw passing clouds. He was very happy and satisfied.



The Little Frog had been living at the bottom of this old well since he was born. He had never been to the outside world. Whenever a bird or birds flew by and stopped at the edge of the well, the Little Frog always looked up and bragged, "Hello! why don't you come down here and play with me. It's so pleasant down here. Look, I have cool water to drink and countless insects to eat. Come down! At night I can watch the twinkling stars, and sometimes I can see the beautiful moon, too."

Sometimes the birds would tell the Little Frog, "Hi, Little Frog! You see, the outside world is much bigger and nicer. It's many times more beautiful than your little well at the bottom." But the Little Frog would not believe them. "Don't lie to me, I don't believe there is any place that could be better than here."

Gradually, all the birds began to dislike him. They thought he was too stubborn and stopped talking to him.

The Little Frog could not understand why nobody liked to come down to his nice place.



One day, a yellow sparrow stopped by at the edge of the well. The Little Frog was so excited he greeted the sparrow and invited the sparrow eagerly. "Hello, Mr. Yellow Sparrow, how are you? Please come down to my most beautiful house." The yellow sparrow did not say a word and flew away. The next day the yellow sparrow came again and the same thing happened again. It

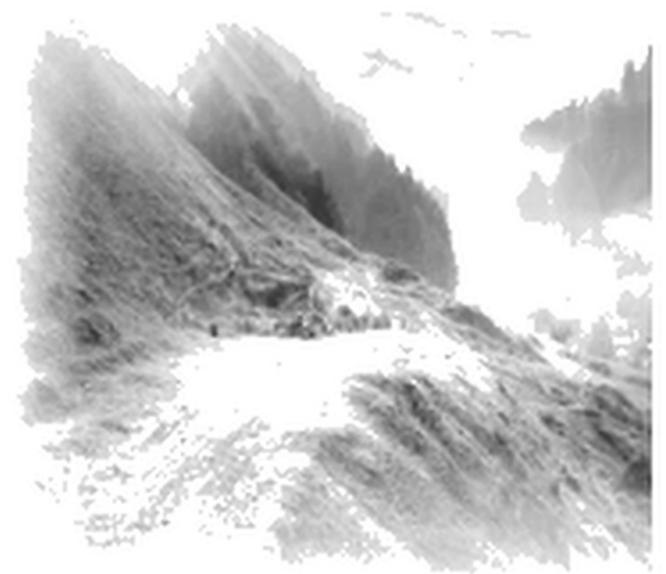
went on for six days. On the seventh day, the yellow sparrow finally said, "Little Frog, may I show you the outside world?" But the Little Frog refused the offer.

Finally the yellow sparrow became angry. He flew down to the bottom of the well, picked up the Little Frog on his back, and flew out of the well.



"Oh!" the Little Frog exclaimed. "How is it that the outside world is so big!" He had been in the bottom of his dark well for so long that the bright sunshine made his eyes blink shut, and he could hardly open his eyes to see.

When he finally opened his eyes, he saw so many things around him. "Hey! Be careful! Don't hit this strange thing. What are all these green high and low things?" The yellow sparrow laughed happily: "Ha! ha! These are mountains and valleys. There are countless mountains in this world. The Himalayas, the Swiss Alps, the Rockies and..."



The Little Frog could not believe there were so many big mountains in the world. When they flew over the high mountains, the next view made the Little Frog even more surprised.

"What is this long, silvery, shiny view?"

"It is a river," the yellow sparrow replied.

"What is that long, silvery, shiny view?"



"That is a sea," the yellow sparrow replied.

"That river and sea, how much water do they have? How much bigger are they than my well? They must hold a billion times more water than my well." The Little Frog began to realize how tiny his well was. "Let's go down, O.K.?" The yellow sparrow put the Little Frog down on the ground and flew away.



The Little Frog jumped into the grass and saw many beautiful flowers of different colors. He had never seen such beautiful flowers and had never smelled such nice scents. He kept on going and went into a forest. In it he looked up and saw many tall trees. He looked down and found many different kinds of fruits that had fallen to the ground. He picked up an apple and tasted it. "Wow, so sweet!" Then he listened to the beautiful singing of the birds. The cute squirrels were jumping, the monkeys were swinging from branch to branch, and the antelopes were scampering speedily.

In the pond, the lotus flowers were dancing in the air, and the lotus leaves were floating on the water like umbrellas. There were many fish in the water.

"The outside world is so big, so wonderful, and beautiful!" The Little Frog finally cried out happily and jumped into the pond. He climbed up on a huge lotus leaf and enjoyed his new life there. The yellow sparrow came back and asked, "Little Frog! How's this outside world? Big? Beautiful?"

"Thank you very much. If you had not brought me out to see this world, I would never had known that there are such beautiful things that exist outside my well." The Little Frog never tried to go back to his old well again.

squirrels jumping



jumping monkeys



Antelopes Scampering



<https://www.taiwande.org/folk-fro.htm>

**Teaching point:** Little Frog in the Well is a fable. A fable is a short story with animals as characters and it conveys a definite moral. In urdu we call this story *سازگار*



## Understanding & Comprehension

### 1- Answer the following questions:

- How many animals are mentioned in the story?
- Why did the yellow sparrow come to the well for seven days?
- Did the frog find the world outside "Big? Beautiful?" Give reasons for both.
- Do you think human beings also live like the characters in this story? Explain with examples
- Write the moral of the story?



## Working with Words

### 1- Vocabulary, Diction & Pronunciation

- Read the words with the help of phonetic script and practice in the class. Also learn the spellings and meanings.

Words	Phonetic Transcription	Meaning
Imagine Verb	/ɪ'mædʒɪn/	form a mental image or concept of
shallow adjective	/'ʃæləʊ/	of little depth.
Moss Noun	/mɒs/	a small flowerless green plant which lacks true roots and grows in damp places
bragged verb	/bræɡ/	To say something in a boastful manner.
stubborn adjective	/'stʌbən/	not to change one's attitude or position on something
Eagerly adverb	/'i:gəli/	to emphasize a strong desire to do or have something.
Blink verb	/blɪŋk/	shut and open the eyes quickly.
Scampering Verb	/'skæmpə(r)/	run with quick light step through fear or excitement. gerund or present participle: "scampering"



## 2- Synonyms: Shallow & Stubborn

A **Synonym** is a word or phrase that means exactly or nearly the same as another word or phrase in the same language, for example shut is a synonym of close. Given below are synonyms of two words. Learn the words and make sentences.

### Shallow

- ❖ empty, flat, hollow
- ❖ trivial, slight, surface
- ❖ depthless, inconsiderable
- ❖ superficial, unsound

### Stubborn

- ❖ adamant, determined,
- ❖ dogged headstrong
- ❖ inflexible persistent
- ❖ relentless rigid
- ❖ single-minded
- ❖ steadfast tenacious
- ❖ tough unshakable, willful

## 3- Word Positions – Deep:

Deep is used for saying or asking the distance from the top. It shows a long way down from the surface. Some examples are given for you to read.

*The pond needs to be at least ten feet deep. (Noun)*

*The river is pretty deep here. (Adjective)*

*This is an area of high hills and deep valleys.*

*How deep is the snow?*

*He had a deep cut on his forehead.*

*I do feel a very deep sympathy for them all.*

*I heard a deep voice on the other end of the phone*

*There was a beautiful deep red carpet in the room*

*He fell into a deep sleep.*

**Task:** Make five sentences for the words “deep” using it both as noun and as adjective



## Reading Makes Us Wise!



### Conversation:

Conversation is a small talk, especially an informal one, between two or more people, in which news and ideas are exchanged. Read the conversation given below and explain the whole situation in your own words.

#### Situation

*[going towards the school canteen, suddenly Shagufta yells]*

**Shagufta:** oh no! I think I've dropped my money somewhere!

**Huma:** Oh dear! Are you sure?

**Shagufta:** (pointing towards her pencil box) I remember I'd put it here.

**Huma:** Goodness gracious me! I find the lid of your box quite loose. I think the money must have fallen in your bag.

**Shagufta:** (turning back) You've got a point there but I must check.

**Huma:** Oh yea! Why not.

*[they both turn back towards the classroom]*



## Language Corner:

### Think in English

Thinking in the target language is very important. Once this milestone is achieved, speaking becomes easier. Follow the given four steps to improve thinking and speaking in English.

- 1. Learn vocabulary in phrases, not single words.** Group of words help us catch expressions which are commonly used in conversation, whereas single words only provide information.
- 2. Start using new words and expressions.** We should not stop ourselves from speaking in English as "practice makes us perfect".

**Teaching Point:** Discuss some important points essential for Conversation practice as effective communication. These are; 1. Loud and clear voice, 2. Accuracy, fluency and intonation 3. Use of



### Read me

Some of the important features of a conversation are;

- location / scene
- characters
- Thoughts and feelings
- situation



- 3. Get an English-speaking friend or partner.** It is always easier to improve English when we speak with a friend.
- 4. Talk to yourself.** Describe whatever is happening around you in English to yourself. This gives you extra practice before you start explaining things to other people.

**1- Monologue writing:**

- a.** Monologue is speech we make to ourselves. Guess the monologues of the different animals from the story *The Frog in the Well*. Fill in the speech bubbles below. An example is given to help you.

My well is the biggest place in the world.

**Frog:**



**Birds**

**Yellow sparrow**

**Task:** Write a monologue for yourself when the teacher asks you to speak for a minute on

- i. My Best Friend    ii. My Home    ii. My favourite Game

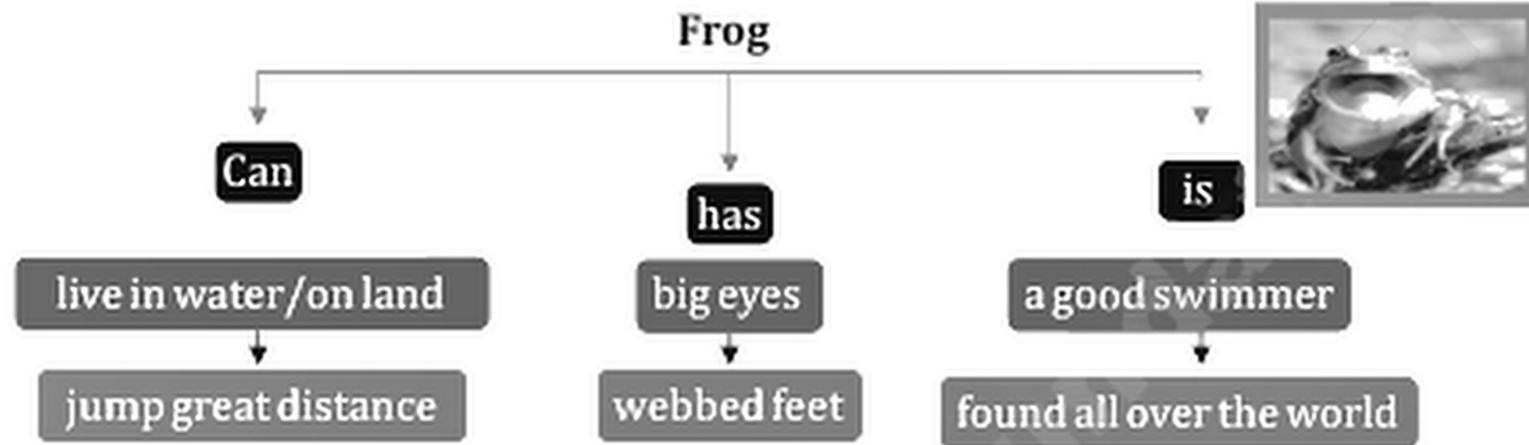
You may consult the lists of expressions given below to plan your work

Getting started	Middle Structure	Conclusion
The topic I'm going to choose is....	First, I would like to say a few words about...	And finally, to round it off, I'll...
We are here today to look at....	Then, I'll move on to...	Well, let me just sum up my main points....
I would like to tell you something about...	Now I'd like to draw your attention to the fact that...	Thank you very much for your attention



### 2. Semantic Map

Given below is a map of three verbs with two responses each about the topic "Frog". The verb "can" shows ability, "has" shows possession and "is" stands for factual description. Add at least two more responses under each verb.



### 3- Modal Verb "Must"

Modal verbs give meanings to the verbs. "Must is used for two commands: 1 to obey as a rule and 2 as an advice

1- to talk about something that **has to** be done because it's compulsory, It is absolutely necessary to obey a rule, law, order, or instruction

*I **must** work hard to do well in exams.*

2- to advise something because it's a good idea:

*If you visit Karachi, You **must** go to the seaside.*

Task: Write five sentences in each column

Decisions that you must take throughout the year.	five pieces of advice to help your friends.

**Teaching point:** Semantic mapping can show a word or phrase and a set of related words or concepts. Learning to create these maps help the students to get knowledge of language and vocabulary acquisition and use. Practice will help them to clarify words used as concepts



## Creative Writing



### 1- Conversation Writing

Complete the given conversation by filling in the missing dialogues.

#### Situation

*[ Riffat finds Talat totally confused in front of the notice board of the school. He goes upto him to find out]*

Riffat: What's up? You seem stressed!

Talat: I'm so worried! I don't know what to do?

Riffat:

Talat:

Riffat:

Talat:

Riffat:

Talat: Well! I think you're right. I need to gain confidence.

Riffat: Sure! And you can do it.

### 2- Story Writing

Write a story by following the given three steps.

i. Think of having a pet of your dreams or if you are lucky enough to have one already.

ii. Write a story of your pet as your friend, the interests you share, the games you play etc.

iii. You may imagine that your pet can talk to you and feel like you. For example:

- ❖ what will you say to each other?
- ❖ Which routine will you follow?
- ❖ Select games that you will play together.
- ❖ The manners you want to teach to your pet

### 3- Problem Solving - Showing patience & Tolerance

We find many people around us who are stuck in problems. If they give up hope they fail in their missions. Somebody has to motivate and encourage them to move on in life.

Do you think you can push them towards success?



#### Read me

Some of the important features of a story are:

- i. Characters
- ii. Events
- iii. Setting
- iv. Plot
- v. Theme



Here are a few situations for you to think about. Some clues are also given to help you plan better. Write all your strategies and share these in the class.

Problems	Solutions
<ul style="list-style-type: none"> <li>❖ I'm sure to fail. I'm a definite drop out from school!</li> <li>❖ I can never speak English fluently!</li> <li>❖ Math is an impossible subject to learn!</li> <li>❖ Why should I clean the house? It's my mother's responsibility!</li> <li>❖ Any other</li> </ul>	<ul style="list-style-type: none"> <li>❖</li> <li>❖</li> <li>❖</li> <li>❖</li> <li>❖</li> </ul>

### Some Clues to help you plan better

- Be ready to help
- Find reasons which cause problems
- Plan your time and be regular in your efforts
- Find some more friends to make a team.
- Use positive words and motivational statements



### Read me

Take help from the clues to write solutions of the problems that you face around yourself. You may add some more if you need



### Fluency of expression

#### 1- Quotes Collection- Kindness

Five quotations are given on **Kindness** for you to practice and learn.

- ❖ "Kindness is the language which the deaf can hear and the blind can see."  
Mark Twain
- ❖ "A warm smile is the universal language of kindness." William Arthur Ward
- ❖ "Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you."  
Princess Diana
- ❖ "Kind people are the best kind of people."  
Anonymous
- ❖ "Three things in human life are important. The first is to be kind. The second is to be kind. And the third is to be kind."  
Henry James



2. Idioms - animals

2. Given below are some idioms related to animals along with their meanings. Use them in your own sentences to elaborate their meanings.

S.No	Idioms	Meaning	Usage in sentences
01	Frog in the well	Narrow approach	My aims are high in life, therefore I cannot be a frog in the well.
02	Lion's share	The biggest part or portion	
03	Hold your horses	Wait / be patient/ no hurry	
04	Let the cat out of the bag	To reveal a secret	
05	Go to the dogs	Poor quality / very bad	
06	Wild goose chase	To waste time	

3- Speech Act - Offering help / Showing gratitude



1. You were late again today? What happened?

2. I missed my bus in the morning.

3. You can come with me on the car. I'll pick you from your bus stop. But don't be late, please!

4. Oh! You're very kind. You'll find me ready at the spot. Thank you very much.

Fun Reading

Q: What do you call an alligator in a vest?

An investigator!

04

## The People of the Cave

After reading this unit the students will be able to

- ❖ explain global dimensions of Islam and its presence across the global languages.
- ❖ identify and appreciate diversity and equality of people from across the religions and countries.
- ❖ explain that literature has multi-linguistic background.
- ❖ identify 'anecdote' and 'poem' as different types of text in written language.
- ❖ differentiate and use types of nouns, pronouns, verbs and adjectives.
- ❖ write a short paragraph in a creative way.
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading

### Pre-Reading:

- a) Have you read or heard any story from The Noble Quran? Share with your class.
- b) The Noble Quran was revealed in Arabic language. Do you know what were the languages of the other Holy books?



## The People of the Cave

They kept sleeping for three hundred and nine years in the cave as the sun did not hit their dwelling with high heat or bright sunbeams. There was an abundant flow of air and their bodies were turned on their left and right sides so they would not decay. They were three or five in number and some say seven with their dog sleeping beside them. Only Allah(ﷻ) knows best. The people of their country were unaware of their presence in the cave and therefore they remained without interruption.



*The remains of the interior of the cave*



*Bird's eye view of the remains of the Cave in Ephesus*

They were young muslim men from the territory called *Ephesus* (nowadays in Turkey). The king of that territory was *Duqyanus* who was an infidel and forced his countrymen to worship idols. Fearing that they would either be forced to leave Islam or killed by the king; these young men had sought refuge in the cave where they remained in slumber, sound asleep.



When they went to the cave, they made a dua to Allah (ﷻ) for ease. They decided to take rest there for a while, leaving the dog near the entrance as a guard.

Allah (ﷻ) caused them and the dog to sleep for three hundred and nine years. They were prevented from hearing any thing from the outside world. No gust of wind or rumble of thunder would annoy or awaken them.

When Allah (ﷻ) willed, (after three hundred and nine years) they woke up but did not realise that more than three centuries had passed as they slept. Out of hunger they sent one of their companions to the city to buy food with the money they had. To his surprise he noticed that the city was very different from how they had left it. He bought food but when he paid for it, the shopkeeper was astonished to see the outdated silver coin used three hundred years ago.



*Exterior of the cave with Olive tree claimed to be preserved from the era of the People of the Cave.*

There in the court it was revealed that these seven young men had slept in that unusually long slumber by Allah's (ﷻ) will, Who had concealed the cave and all traces of it from outside the world. The king took their blessings and this miracle further strengthened the faith of the king and his courtiers.



#### Do you know?

Gust and rumble are sound words used here to add a specific sound to the reader's imagination.



When the young men died, they were buried in the cave. Their burial place is still intact for all to witness how Allah (ﷻ) has kept the story of 'The People of Cave' alive to this day too, so that those seeking the truth are guided.



*The monument of the site of the People of the Cave*



#### Do you know?

The story of 'The People of the Cave' existed in Latin and Greek languages before it was revealed in Arabic language in The Noble Quran.



### Understanding & Comprehension

**Answer the following questions:**

- Who were The People of the Cave and what was their era?
- Which territory did the incident of the people of the cave take place in and where can we find its ruins?
- What happened to the youth when they entered the cave to hide themselves?
- How long did they sleep and why were they not awakened?
- How was their long slumber revealed to their countrymen?
- Identify the lesson this story teaches us. Write a brief account in your own words.



#### Read me

The story of the the People of the Cave is told in Surah Al Kahf which is a Makki Surah. It was revealed when Hazrat Muhammad ﷺ was in Makkah before his Migration to Madina Munawwara and when the persecution of Muslims and Islam was at its peak. It was revealed somewhere between 8th and 10th year of his Prophethood. Surah Al Kahf has 110 Ayaat/Verses and is the 18th Surah of the Qur'an. It is recommended to recite Surah Al Kahf on every Friday and before the sunset to add blessings in your life.



## Working with Words

### Vocabulary, Diction & Pronunciation

Words/ Classification	Phonetic Transcription	Meaning
Abundant adjective	/əˈbʌnd(ə)nt/	existing or available in large quantities; plentiful.
Decay verb	/diˈkeɪ/	rot or decompose through the action of bacteria and fungi.
Uninterrupted adjective	/ˌʌnɪntəˈrʌptɪd/	without a break in continuity.
Infidel noun	/ˈɪnfɪd(ə)l/	a person who has no religion or who does not believe in One God
Slumber Noun/verb	/ˈslʌmbə/	Sleep
Gust noun	/ɡ ʌst/	a sudden strong rush of wind.
Rumble verb	/ˈrʌmb(ə)l/	make a continuous deep, resonant sound.
Astonish verb	/əˈstɒnɪʃ/	surprise or impress (someone) greatly.
Pious adjective	/ˈpiəs/	devoutly religious, Fearing Allah
Conceal verb	/kənˈsi:l/	not allow to be seen; hide.

Task: Work in pairs and help each other in making sentences of the words given in the table above.  
For example: The Swat river contains an **abundance** of trout fish.



## 2- Word Cloud

A **Word Cloud** is a group of words connected with the theme word.

a-From the *word cloud* below find and write five qualities you wish you see in your friends. Also write in a few sentences why you think these are desirable qualities.





### 3-Word Position - in the dictionary:

Synonym is a word or phrase that means exactly or nearly the same as another word or phrase in the same language and we can also find them in the *Thesaurus*.

Task: Find synonyms of the following words from a dictionary or thesaurus and write them in your notebook:

master

emperor

dynasty

preacher

calamity

In dictionary you will find the letters vb. Or v which shows these words are verbs. Nouns will have words n. next to them. What will be the case if a word has both v and n in front of it?

### 4- Word Types- Homograph & Homophone:

A homograph is a word that has the same spelling as another word but has a different sound and a different meaning:

- ❖ lead (to go in front of)/lead (a metal)
- ❖ wind (to follow a course that is not straight)/wind (a gust of air)
- ❖ bass (low, deep sound)/bass (a type of fish)

A homophone is a word that has the same sound as another word but is spelled differently and has a different meaning:

- ❖ to/two/too
- ❖ there/their/they'r
- ❖ pray/prey

Task: Use these examples of homophones and homographs in sentences to elaborate their meanings.



### Reading Makes Us Wise

Presence of Islam is appreciated and documented across the world in different languages. Following is a poem translated from a hundred words eulogy by Hongwu Emperor in Chinese. He wrote this hundred-word poem (eulogy) praising the Prophet Muhammad ﷺ, Allah (ﷻ) and the Islamic faith. A *eulogy* is a speech or piece of writing that praises someone or something highly, especially a tribute to someone after his/her death.

Examples of Homograph		
?	wave	🌊
🕊️	dove	🕊️
💧	tear	👁️
🧊	cool	😎
🏡	yard	
🏛️	court	🏏

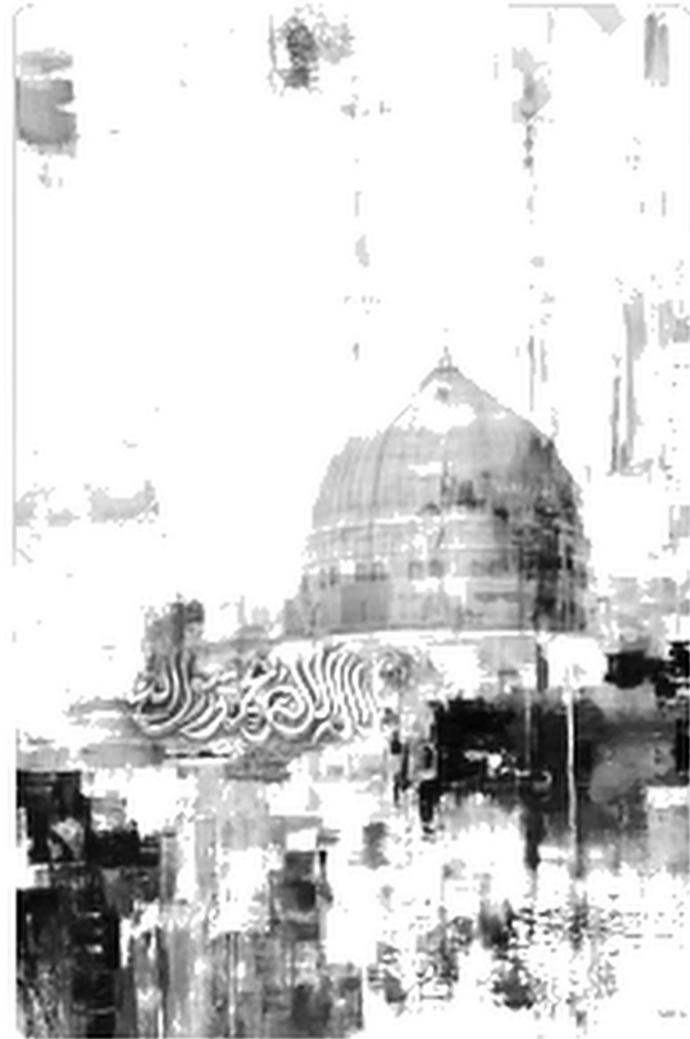
Examples of Homophone	
where	there
wear	their
hare	see
hair	sea
which	here
witch	hear



# HAZRAT MUHAMMAD ﷺ

*Translation from Chinese Language*

Since the creation of the universe  
 Allah had already appointed his great faith-  
 preaching man,  
 From the West he was born,  
 And received the Holy Scripture  
 And book made of 30 parts (Juz)  
 To guide all creations,  
 Master of all rulers,  
 Leader of the holy ones,  
 With support from the Heavens,  
 To protect his nation,  
 With five daily prayers,  
 Silently praying for peace,  
 His heart directed towards Allah,  
 Giving power to the poor,  
 Saving them from calamity,  
 Seeing through the Unseen,  
 Pulling the souls and the spirits away from  
 all wrongdoings,  
 Mercy to the world,  
 Reviving the ancient religion,  
 Majestic path, defeating all evil,  
 His religion, Pure and True,  
 Muhammad, ﷺ The Noble Great One.



## Do You Know?

This painting of Masjid e Nabwi is by Pakistan's renowned artist Ismail Gulgee (1926-2007). He was awarded Pride of Performance, Sitara-e-Imtiaz (twice) and Hilal-e-Imtiaz for his extraordinary contributions in the fields of calligraphy and painting.



### Task - Talk About Different Languages:

After reading the story of The People of the Cave and the poem on Hazrat Muhammad ﷺ you have come across the names of different languages like Arabic, Greek, Latin and Chinese. Language is one of the important features of our identity. Today there are roughly 6500 languages spoken in the world today. Pakistan has a rich and diverse language culture which is reflected in classrooms where students belong to different linguistic backgrounds. A few discussion points are given below in the left box. Discuss in your class and write answers in your notebook. Together you can also prepare a classroom display with the help of your teachers



#### Discussion points:

1. How many languages are spoken in your class?
2. Do all languages use similar kind of alphabet?
3. Are they written from left to right or right to left?
4. What makes them different from each other?



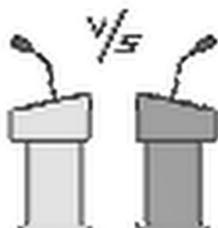
#### Interesting fact:

Papua New Guinea, Indonesia and Malaysia make up 2% of the Earth's land area but 25% of the world's living languages.

Can you find any interesting fact about your native language?

### Task - Conducting a Debate:

Many linguists believe that half of today's living languages will be extinct in the next one hundred years. We may think of a proposition that a global language should be spoken by everyone on this globe, or there may be an opinion that language is an important part of our identity and every language should be kept alive. In your class, have a debate about the topic or motion:



“We should have one global language”



- ❖ Consider all arguments and come up with your own opinion.
- ❖ After the debate has ended, vote for or against the motion and record how many voted for one global language and how many voted for many languages.
- ❖ What have you learned from this debate?



- a) Have you heard of any story translated from some other language?
- b) How many languages can you identify in this picture?
- c) How many languages do you speak?



### Language Corner

#### 1-Nouns:

**Nouns** are the names of persons, places, or things. There are five main types of nouns:

A *proper noun* is a name that identifies a particular person, place, or thing, e.g. *Ali*, *Pakistan*, *Makkah*, *Monday*. In written English, proper nouns begin with capital letters.

A *common noun* is a noun that refers to people or things in general, e.g. *boy*, *country*, *bridge*, *city*, *birth*, *day*, *happiness*.

A *collective noun* refers to groups of people or things, e.g. *audience*, *family*, *government*, *team*, *jury*.





A *concrete noun* is a noun which refers to people and things that exist physically and can be seen, touched, smelled, heard, or tasted. Examples include *dog, building, coffee, tree, rain, beach, tune*.

An *abstract noun* is a noun which refers to ideas, qualities, and conditions - things that cannot be seen or touched and things which have no physical reality, e.g. *truth, danger, happiness, time, friendship, humour*.

**Task:** Underline the proper nouns and encircle the common nouns in the following paragraph.

It was a bright sunny day in Swat valley. Saifullah and Zayn rode up the hill to have a view from above. Huffing and puffing the boys got to the top and sat on the rocks beside the trail. They laid their bag packs on the grass and enjoyed the beautiful view. Both of them belonged to Lahore and were on a family visit. This year they had planned to spend vacations in Swat instead of visiting London where most of their cousins live.

**Task :** Enlist the proper and common nouns from the story "The People of the Cave".

## 2- Plural Nouns:

Nouns can be only one or singular and more than one or plural.

**Language** = singular noun, just one language

**Languages** = plural noun, more than one.

To make plural nouns, we usually add an 's' in the end of the noun:

for example: boy-boys, cousin-cousins etc.

But sometimes we change the spelling of the stem noun:

for example: penny - pennies ('y' changes to 'ies' when a consonant precedes ending letter 'y'); knife - knives ('f' changes to 'ves')

Some nouns have irregular plurals:

For example: child—children, woman—women etc

Some nouns (usually some animals and fish), are the same in their singular and plural forms: for example: deer/deer, sheep/sheep, salmon/salmon, etc

**Task :** Write plurals of all nouns listed from the story and the poem.

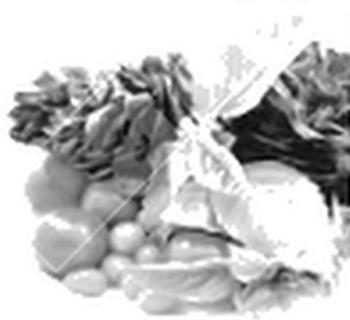


### 3- Adjectives:

**Adjectives** are words that describe the quantities, qualities or states of being of nouns. One type of adjectives is called coordinate adjective which is meant to modify the same noun in the same sentence.

Task : In the following table join nouns given in the first column with the appropriate pair of coordinate adjectives in the second column to make the appropriate expression:

Nouns	Coordinate Adjective	Pairs of noun and related coordinate adjective	Draw picture to describe
Hair	Clear, blue		
Woman	Fresh and scented		
Fields	Hot, dry		
Sky	Lush, green		
Air	Long and shiny		
Cat	Strong, powerful		
Desert	Clear, blue sky		



ADJECTIVE SA, ADIS DEL COLS  
WITH EACH ELEMENT  
CONTRIBUTING ITS INDIVIDUAL  
AND UNIQUE FLAVOR:  
BUT A PUPES OF ADJECTIVE  
SOUP TASTES BETTER



#### Remember!

Many adjectives are made by adding suffixes like *-ible* and *-able*

- ❖ In adjectives with *-able* suffix the base word is always recognizable

Example:

- Pay to payable (base word *pay*)
- Wash to washable (base word *wash*)
- Respect to respectable (base word *respect*)

- ❖ While in adjective with *-ible* suffix the base word is not recognizable.

Example:

- Audible (base word *hear*)
- Legible (base word *read*)
- Edible (base word *eat*)



#### 4- The Past Tense:

The past tense is used to talk about a completed action in a time before now. Usually the past tense is formed by adding -ed to the infinitive form of verb. For example:

Infinitive: *to arrive*

Present tense: *we arrive*

Past tense: *we arrived* (-ed is added)

Task: Make a list of past forms of all verbs Used in the story *The People of the Cave*.



#### Creative Writing

##### 1- Paragraph Writing:

A **paragraph** is a collection of sentences which all relate to one main idea or topic. Writing a paragraph is an important language skill which makes the readers not only understand the objectives but to enjoy it too.

Qualities of a good paragraph are:

##### Scope

It deals with one idea or topic at a time.

##### Structure

It has good topic and final sentences with specific words to make the idea clear.

##### Thematic idea

It has a logical sequence of thoughts where all sentences are connected with the leading idea

Task: Write a short paragraph on "*If I lived back in history*"



#### Remember!

- ❖ When you add -ed spelling of the stem can change.
- ❖ When a verb ends with a consonant with short vowel preceding it the spelling will be (double the consonant and -ed added).
- ❖ When a verb ends with y it changes y to i and -ed is added.
- ❖ And then there are irregular past tense forms which do not add -ed.

A paragraph is different from essay as we do not treat the subject fully but instead choose only one aspect of the topic.



## 2- Problem Solving

Task: Work in pairs and find out words from the given crossword puzzle, horizontally, vertically and diagonally.

H	C	H	R	I	S	T	I	A	N	G	H	P	E	W
A	E	F	H	K	O	U	T	Y	B	V	I	D	H	V
C	Z	B	H	T	U	R	K	E	Y	B	N	C	K	D
N	F	A	R	A	B	I	C	Z	A	X	D	M	H	A
M	C	Q	R	E	N	G	L	I	S	H	I	N	D	U
C	H	I	N	A	W	L	M	V	H	D	E	O	Q	N
P	U	S	H	T	O	U	G	C	I	N	S	H	E	E
V	Y	Y	S	H	R	L	T	L	N	M	G	S	W	T
J	E	R	M	J	L	U	K	D	A	C	E	D	R	H
F	W	I	U	R	D	U	M	G	J	N	X	S	T	E
R	I	A	S	I	K	H	V	B	I	R	A	N	I	R
E	T	D	L	N	R	B	D	H	D	S	Z	B	K	L
N	F	H	I	K	T	J	C	Y	P	R	U	S	G	A
C	N	K	M	P	J	O	Q	P	E	R	S	I	A	N
H	B	U	D	D	I	S	T	A	J	E	W	Z	M	D

Hint: There are ten languages, six ethnicities and six countries in this word puzzle:

Solution: Hebrew, Arabic, Urdu, English, Persian, Shina, French, Chines, Dutch, Pushto, Hindu, Muslim, Sikh, Christian, Buddhist, Jew, World, Cyprus, Iran, Turkey, Netherland, China, Syria



## Fluency of Expression

### 1- Quotes Collection

Ralph waldo Emerson (1803 – 1882) was a great essayist, thinker and philosopher. He wrote extensively on human life and its aspects. Following are some of his quotes on language.



“Language is the archives of history.” (Ralph Waldo Emerson)  
What does he mean by this?

"Thought is a blossom, language is a bud; action the fruit behind it."

"Language is a city to the building of which every human being brought a stone.."

"Language is fossil poetry."

Thought and language and every fact one learns is a new word"

Task : Write these quotes beautifully to prepare a classroom display.

Tip: Some calligraphy fonts are shared here for you to give an idea





## 2- Learn idioms for fluent expression:

Here are some idioms related to some religious faiths and links with our daily life. Their elaborated meanings are given to help you understand their usage. Use them in your own sentences and write in the boxes given below:

Sr. No	Idioms	Meanings	Use in Sentences
01	A blessing in disguise	Something awful that somehow leads to something wonderful is said to be a blessing in disguise.	
02	An act of Allah	An event is an act of Allah if not caused by humans and cannot be stopped by humans.	
03	In seventh heaven	The idiom in seventh heaven means "in a blissful state of mind or ideal situation."	
04	Gospel truth	Something is gospel truth if it is believed to be absolutely real and right.	
05	Sacred cow	A sacred cow is a very special person or thing that many people do not want criticized.	

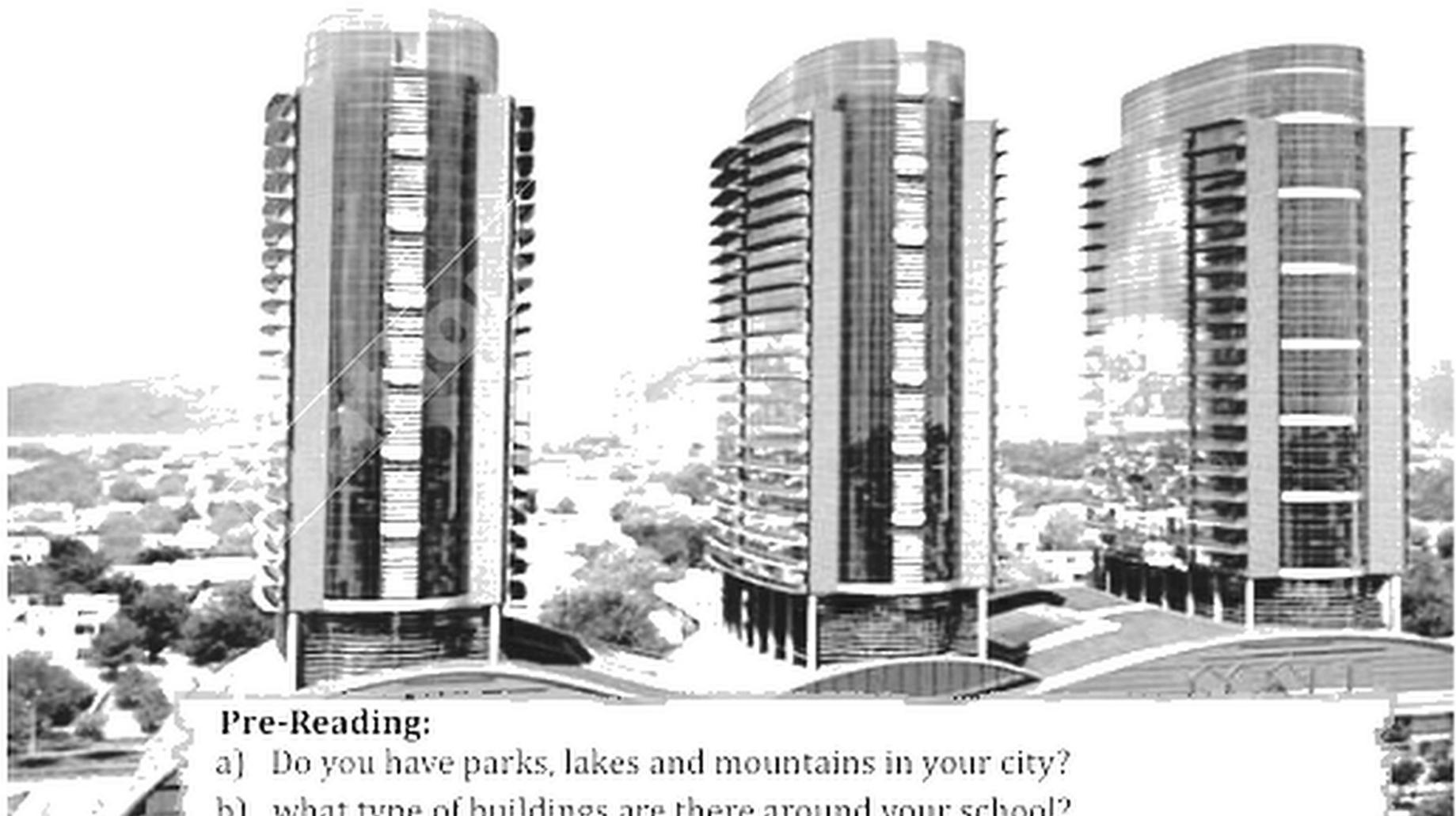




## Ideas, Designs & Architecture

**After reading this unit the students will be able to**

- ❖ know how ideas take concrete shapes and become quality designs
- ❖ discuss Islamabad as a planned city
- ❖ describe the design of Faisal mosque
- ❖ use dictionary for synonyms
- ❖ identify phrasal verbs
- ❖ make sentences from given idioms and meanings
- ❖ prepare an album with pictures of buildings for research of details
- ❖ write factual description of school
- ❖ show gratitude at school and home
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading



### Pre-Reading:

- a) Do you have parks, lakes and mountains in your city?
- b) what type of buildings are there around your school?



## Ideas, Designs & Architecture

Our minds are always full of ideas. This amazing gift helps us to plan, innovate, adjust and maximize our potential. If there is no ground near our homes and we have to play in the street, we adjust ourselves by making new rules and define our limits.



All inventions in the world are linked to thoughtful minds of brilliant people. Wherever an idea is developed from scratch, its success depends upon the material, shape and design through which it is displayed. If electricity was discovered, it had to be displayed through a bulb. Similarly, if waves were discovered for sending messages, then, phones, computers etc had to be designed for receiving, storing and sending messages. The most spectacular display has been that of the construction of buildings which are designed to display the glory of rulers and their builders. A person who designs buildings and supervises the construction is called an architect. Selection of a site, type of a building and its directions are all very important features. The surroundings are also taken into account for developing a fresh design.

Let's take the example of Islamabad which is considered as one of the most successfully planned city of South-Asia. The site was chosen in 1959 and the task was assigned to the internationally renowned names in town planning and architecture Konstantinos Doxiádes, Edward Durell Stone, and Gio Ponti. It was from Shakar Parian, that the land was viewed for the planning of the future city. The meaning of the place is "the hills of sugar". It is told that a saint, Baba Farid Shakrgunj had stayed here for many days during a travel for his religious duties.



*Greek Architect Doxiadis with the plan of Islamabad.*

*Figure Constitution Avenue Islamabad. You can see government buildings surrounded by greenery*



For the new city, it was decided that the design of buildings would be a blend of Islamic architecture and modern patterns. The constitution avenue presents the best of the examples with buildings like Supreme Court, National Assembly and Prime Minister's Secretariat etc. The beauty of the city is further enhanced with Margalla hills in the background. The division of the sectors is marked with double roads and green belts where we see trees, blossoms, flowers and fruits. The long and straight blue area road shows offices and buildings of different designs. Shopping areas and mini markets provide us products of local and foreign markets. There are many picnic spots, play grounds and trails in the mountains for walking and cycling. Rawal Lake offers water sports and lovely green gardens. These are all the luxuries of a planned town. We need to show our gratitude for the efforts of thousands of people who planned, designed and constructed the town for us.



The heart of Islamabad is Faisal Mosque with its location in the lap of the mountains. This is the first sight which welcomes anyone entering Islamabad from 8<sup>th</sup> avenue. The



mosque was designed by a Turkish architect Vedat Dalokay whose design won an international competition held in 1969. The look of Faisal mosque is inspired by a Bedouin's tent. Bedouins are people of the desert and the tribe is known for their culture in Arabia. King Faisal bin Abdul Aziz of Saudi Arabia made the suggestion and funded the construction as a gift to the people of Pakistan. This design is inspired by the first mosque in Medina which was in the form of a tent. It has four tall

minarets (90m) influenced by Turkish architecture. The shape of the mosque is eight-sided shell shaped sloping roofs. It does not have a typical green dome of a mosque for which it was criticized in the beginning but after its completion, everybody appreciated its glory and greatness. Faisal mosque is one of the biggest mosques in the world with

## Understanding & Comprehension

Answer the following questions:

- Give the importance of ideas and designs.
- What do architects do?
- Name your favourite places in Islamabad.
- Discuss the importance of Shahr-e Parian?
- Contrast Faisal mosque with any other mosque and describe similarities and differences.



## Working with Words

1- Vocabulary, Diction & Pronunciation

- Read the words with the help of phonetic script and practice in the class. Also learn spellings and meanings.

Words	Phonetic Transcription	Meaning
Innovate Verb	/ˈɪnəveɪt/	make changes in something established, especially by introducing new ideas.
Maximize Verb	/ˈmæksɪmaɪz/	make as large or great as possible.
potential Adjective/Noun	/pəˈtenʃl/	qualities or abilities that may be developed and lead to future success
spectacular	/spekˈtækjələ(r)/	beautiful in a dramatic and eye-catching way.
architect Noun	/ˈɑːkɪtekt/	a person who designs buildings and supervises construction.
blossoms Noun	/ˈblɒsəm/	a flower or a mass of flowers, especially on a tree or bush.
luxuries Noun	/ˈlʌkʃəri/	an inessential, desirable item which is expensive or difficult to obtain.
Gratitude noun	/ˈgræɪtɪʃuːd/	the quality of being thankful; readiness to show appreciation and to return kindness.





The first platform of the building was constructed with uncut Taxila stones and signifies the start of freedom struggle. For second, third and fourth rostrums, the structures are made of hammer-dressed stones, chiseled stones and finally the polished marble, showing the success of the movement which came out from roughness.

1 - Uncut slate-stone



4 Rostrums

2 - Hammer Dressed Stone



3 - Chiseled Stone



4 - Polished Marble Stone



The total height of the tower rises to 70 meters and represents aspirations of the Muslims of the sub-continent. We need to look high and maintain the gift of freedom for generations to come as it was handed to us by our forefathers.

It becomes very interesting to study buildings because they represent ideas linked to designs and architecture. The home you live in is also made in a similar manner. You may ask questions from your parents to find out the reason behind its location, design and architecture. You may also suggest some addition to your home.





**Task:** Five sentences are given below. Find out if these are active or passive.

- i. The ball hit Ali.
- ii. The letter was written by him.
- iii. The mail was carried by the mailman.
- iv. Sana took a picture.
- v. The window was broken.



### Read me

Take help from the four steps already given for making passive voice on the previous page.



## Creative Writing

**1- Information Report:** An information report provides readers with information on a chosen topic by providing them with facts. Read some of the important features for writing a report.

### ❖ Present Tense:

*Information reports are mostly written in the present tense. This is because the information presented on the topic will generally be based on factual texts.*

### ❖ Subject Specific Vocabulary:

*Depending on the topic of the text, vocabulary specific to the subject will normally be used. For example, if the text is providing information on buildings, it will likely utilize related words and phrases such as, 'site', 'location', 'architect', 'design' etc.*

### ❖ Use of Nouns: (Specific to General)

*It is important for students to realize that they should use general nouns when writing on their topic. The information included in their text should be information that is true generally and this should be reflected in the use of the generic noun classifying it, for example: The school buildings are funded by the government.*

### Passive Voice:

*Information reports are an example of formal non-fiction writing. Here, the passive voice is used to keep the attention firmly on the object. It has to draw the attention away from the doer or speaker.*

**Task:** Write a Factual description of about 100 words on your school. Some questions are given below to help you:

- i. when was the school constructed?
- ii. From where was the funding received?
- iii. Who has designed the school?
- iv. Would you like to suggest an addition like construction of a hall, gym or



## 2- Problem Solving - Showing Gratitude in the Classroom and at home:

Words of appreciation can be used when you feel gratitude towards someone. This could include thanking someone for a gift, a favor, or just being a good friend. Your words of thanks don't have to be long and fancy as long as they are heartfelt, as you'll see in these examples of words of appreciation.

- i. make a list of at least 05 things you are grateful for
- ii. Write the names of 05 people you want to say "thank you" to and why??

Some expressions of gratitude are given below to help.

Common Words of Appreciation	Words of Appreciation for Gifts	Words of Appreciation for Help & Support
• Thank you.	• Your gift means a lot to me.	• We must thank you for your support at this time.
• I appreciate you.	• Thanks for being so thoughtful.	• I want to thank you for all the support and concern.
• I am grateful.	• You made my birthday a special day.	• You helped me right when I needed it most.



### Fluency of expression

#### 1- Quotes Collection - Prepositional Phrases

"Don't walk behind me; I may not lead. Don't walk in front of me; I may not follow. Just walk beside me and be my friend."

**Albert Camus**

"There has to be evil so that good can prove its purity above it."

**Buddha**

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths."

**Walt Disney**

"Once we accept our limits, we go beyond them."  
**Albert Einstein**

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## 2. Learn Idioms for fluent expression

**Idioms** use creative descriptions to share an idea or feeling. Use the given idioms in your own sentences to elaborate their meanings.

S.No	Idioms	Meaning	sentences
01	Start from scratch	to start from the very beginning	I started the game from scratch
02	Fresh start	To begin again	
03	A flying start	Very successful	
04	Start with a clean slate	Forget the past and begin again	
05	A false start	Begin before the announcement	
06	Jolt to a start	Start and stop something	
07	Kick-start	Start the engine	

**Task:** Look at the given picture and guess the idioms. Write in the boxes below.





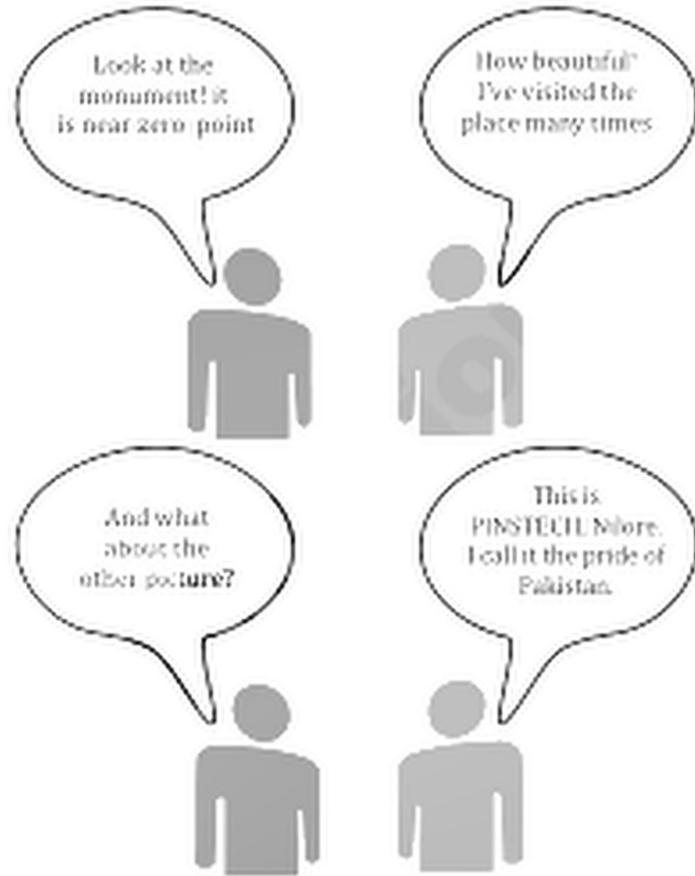
### 3- Speech Act - Talking about buildings



Pakistan Monument at Shalimar Park and architect Arif Masoud. The design of this monument is also very symbolic.



E.D. Stone is the architect of PINSTECH. He is also the architect of the presidency.



Look at the monument! It is near zero point

How beautiful! I've visited the place many times

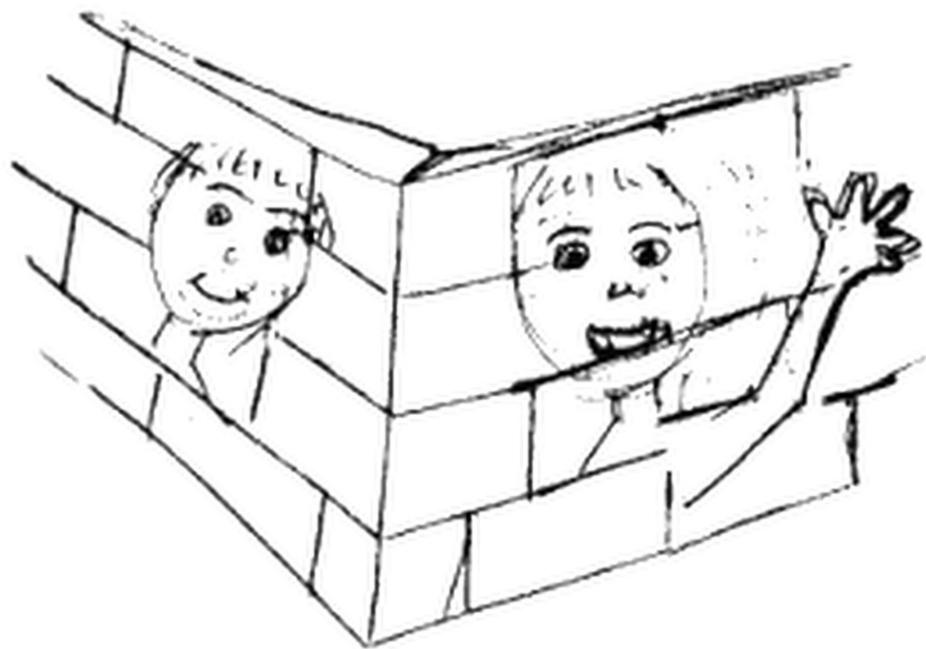
And what about the other picture?

This is PINSTECH Lahore. I call it the pride of Pakistan.

### 4- Fun Reading:

**Q: What did one wall say to the other wall?**

**A: I'll meet you at the corner!**



06

## The Sweating Earth

**After reading this unit, the students will be able to:**

- ❖ explain the phenomenon of global warming and climate change
- ❖ list their responsibilities towards nature
- ❖ read and analyse news article and new stories
- ❖ infer the intention and feeling underlying the autobiography
- ❖ collect information and analyse it for further action
- ❖ learn to use anagrams and articles in their writing
- ❖ enhance fluency of expression through quotations, idioms, speech acts and fun reading

### **Pre Reading:**

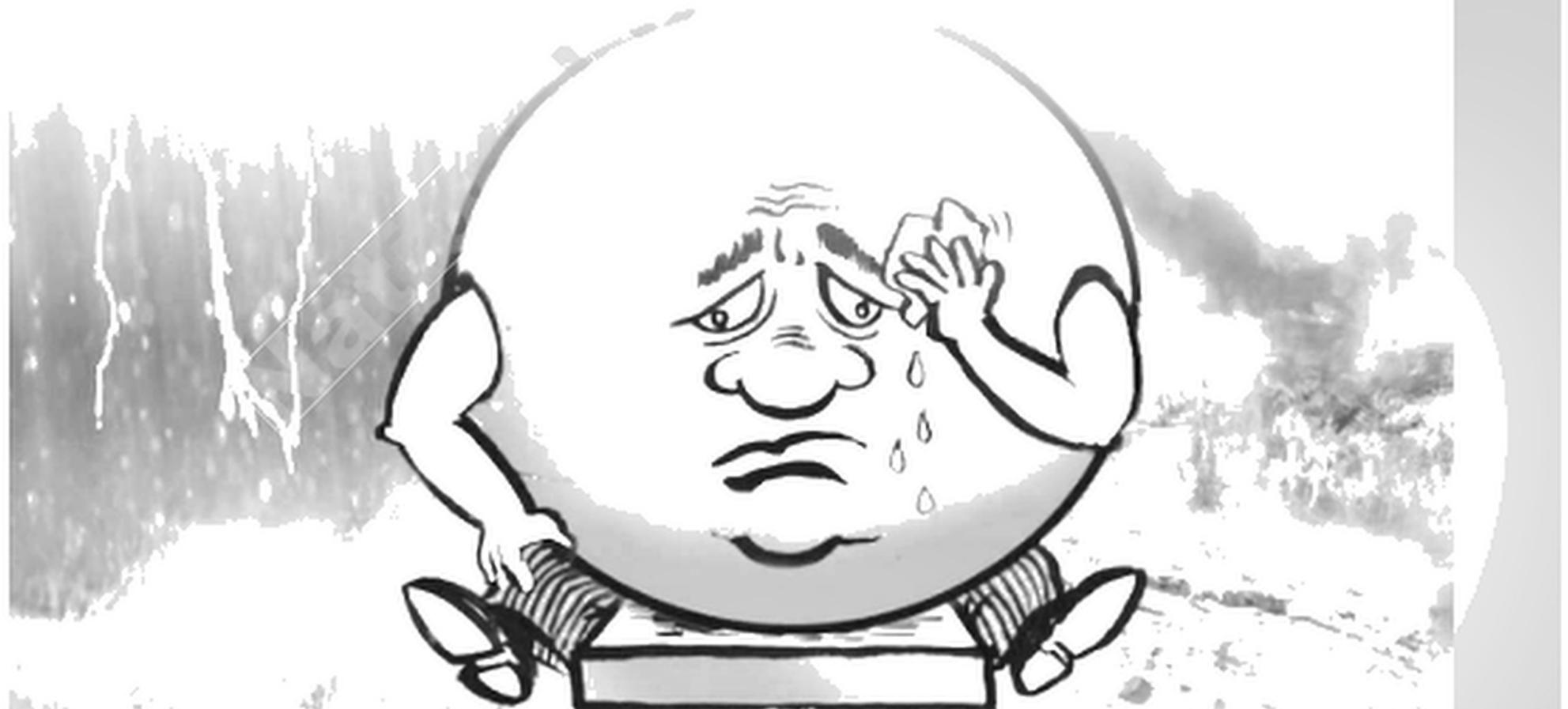
- a) Why do you think Earth is unhappy today?
- b) How are we harming Earth with our actions?
- c) What do you think about the future of life on Earth?



## The Sweating Earth

Throughout the 4.5 billion years of my age I have been continuously growing. My journey from nothingness to everything and darkness to brightness has been interesting as well as depressing. There were some very difficult times in my life which I never thought I would survive at all, but I did. I remember passing through times of extreme temperatures that ranged from blazing hot to freezing cold. I have witnessed life growing from a tiny cell to giant creatures.

There came happy times for me as I witnessed life growing in my oceans, in the mountains and on the land. Beautiful forms of life emerged and made me their home. I was cultivated to give them food from my soil and water. My lush green planes, shady thick forests, and sparkling blue water are not only full of food to survive but also a feast to the human eyes. I enjoyed pleasant breeze full of flowers' scent and pleasing sounds of chirping birds. I giggled with joy whenever a toddler ran after a butterfly or smiled at kittens playing in the shining sunlight. This joyous time is to become a treasured memory very soon if no one bothers for me.





I am home to man and give him all forms of life to dwell and prosper. He is working and developing tirelessly to make his life luxurious without giving a thought to my future. My enormous natural resources are being dug out to increase the wealth of a few. Centuries old reservoirs of fossil fuels like coal and oil are being burnt to run the ever increasing number of industries. My forests are being cut down to clear more spaces for dwellings and has made many species of animals and birds living in these forests extinct. Man does not realise that the unchecked cutting down of trees has not only deprived those species of their home but the oxygen bank necessary for human life is also depleting. There are unlimited species of life which were my friends but they are not with me today.

I appreciate that the humankind is very innovative and smart and tirelessly works to make advancements in the field of technology. Sky scrappers and the ever growing industry are some examples of this development. But I fear that man has not estimated the amount of harmful gases which are emitting from the industries and their effects on life on Earth in general. Such developments have led to pollution of all kinds where air, water and land are equally disturbed. My waters are full of man-made garbage and life in water is choking with death. I miss my fresh breeze because today air is full of unpleasant odours and harmful gases emitted from industries. I feel sorry for my soil for it has to deal with large amounts of plastics and other types of garbage which cannot be processed naturally.

Now I am becoming warmer day by day and I fear that soon more and more water will be evaporated and my friends living in water will be losing their homes. My glaciers have already started melting and my beautiful friends living in polar regions are worried about their homes. Melting ice will not only deprive animals and plants of their homes on the two poles, but will also raise water levels in oceans, eventually human life around oceans will be destroyed. My climate is rapidly changing and weather conditions of many countries are becoming hostile for people living in them. Floods, drought, acid rains, bush fires, and earthquakes are some of the natural calamities resulting from man-made hazards. I am not used to living in the temperature I am facing now and I fear that it will increase in coming years. Life will be in real danger, and I can just hope that the humankind thinks think about it now or there will be no time left to act.

## A Fact File on Climate Change

1- According to a study most low-lying atoll islands are likely to become uninhabitable by the middle of the 21<sup>st</sup> century. Scientists predict that as sea levels rise, thousands of islands will be afflicted by frequent flooding, lack of freshwater and damage to infrastructure.

**Maldives** is comprised of about 1200 low-lying islands and atolls located in the Indian Ocean where about 200 islands are inhabited. **Climate change** is severely threatening the very existence of **Maldives**. More than 80 percent of the country's land is composed of coral islands which rise less than one metre above sea level. At present **Maldives** is at high risk of being submerged due to rising sea levels.



2- Both North pole (Arctic region) and South pole (Antarctica) are badly affected by changing temperatures of the Earth. Here most rapid effects of global warming are seen such as depleting ice caps and glaciers.



On the South Pole penguins are losing their



On the North Pole polar bears are in danger due to melting ice

This rapid change in temperature at the poles has both local and global implications. This causes significant rise in sea level, changes in the salinity of oceans, and decline in the number of endangered species like *polar bears* in Arctic and *penguin* in Antarctica. Scientists have warned that time is running out for the world's leaders to respond to climate change and immediate steps should be taken to preserve life in its best conditions on the Earth.

"We need to change course if we want to stop further habitat loss and ensure resilient wildlife populations, both in the Arctic and around the world."

Margaret Williams  
Managing Director, WWF's Arctic Program



## Understanding & Comprehension

Answer the following questions:

- What are fossil fuels and how are they being used?
- What were the happy times for the planet Earth?
- Is man a good planner? Do you agree or not? Give three reasons to support your answer
- What will happen if water level rises in the oceans?
- What are the adverse effects of temperature rise on North and South poles?
- Why do you think the Earth is sweating in the picture above? Explain briefly.



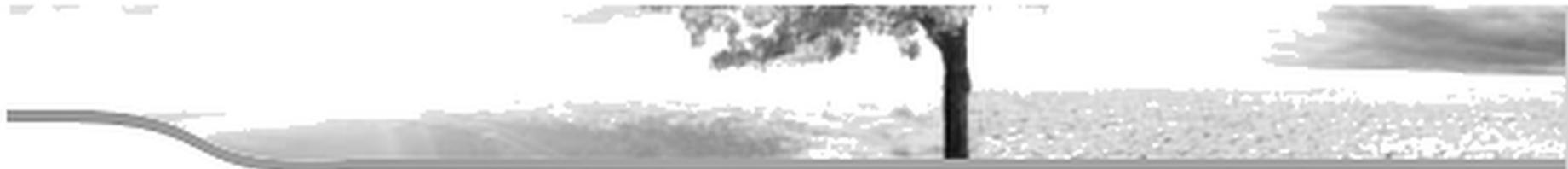
## Working with Words

1- Vocabulary, Diction & Pronunciation

Read the words aloud with the help of phonetic transcription.

Also learn their spellings and meaning.

Words/ Classification	Phonetic Transcription	Meaning
creature noun	/'kri:tʃə/	an animal, as distinct from a human being.
cultivate verb	/'kʌltiveɪt/	prepare and use (land) for crops or gardening



enormous adjective	/ɪˈnɔːməs/	very large in size, quantity, or extent.
dwellings noun	/'dwelɪŋz/	a house, flat, or other place of residence.
luxurious adjective	/lʌɡ 'zʊəriəs/	extremely comfortable or elegant, especially when involving great expense.
Deprive Verb	/dɪ'prɪv/	prevent (a person or place) from having or using something.
calamity noun	/kə'lamɪti/	an event causing great and often sudden damage or distress; a disaster.
Deplete verb	/dɪ'pli:t/	use up the supply or resources of.

Task: Work in pairs and make sentences of the words given in the table above. For example: Most of the natural resources are depleting very fast.

### 2-Word Cloud:

A **Word Cloud** is a group of words connected with the theme words. How many words do you recognize from the word cloud below? Taking help from these words write five sentences on the topic of climate change on Earth.



### 3-Word Type- Antonyms

Antonyms are words that have contrasting, or opposite meanings. They are opposite of synonyms and we can find them in Thesaurus. This unit has four pairs of antonyms in the opening paragraph. Can you identify them? Give a careful reading to the first two paragraphs of this unit and list pairs of antonyms in your notebook.

Tip: First pair of antonyms is in the second line of first paragraph of this unit.

### 4-Word Type- Anagram

**Anagram** is a word or phrase formed by rearranging the letters of a different word or phrase, typically using all the original letters exactly **once**. An anagram is a play on words and examples can be fun and witty where they can end in hilarious results.

LI TEN  
O  
ILENT

HEART  
is an anagram of  
EARTH

Task: For all given words below, find their anagrams from the box given below and see if you can find more than one.

Words	Anagrams	Words	Anagrams
Silent		Save	
Forty-five		Night	
Funeral		Bored	
Rail safety		School master	
Stressed		The eyes	

**Solutions:**

Over five, they see, thing, listen, the classroom, real fun, vase, robed, dessert, fairy tales



## Reading Makes Us Wise

News story and news article are interesting writing techniques which are used to report both in newspapers and on websites. They answer the questions with *who, what, when, where, and why*. The structure of a news story or article is like an **inverted** pyramid. The most important information first, then all other information in descending **order** of importance. Following are two news items; the first one is a news article from a newspaper and the second one is a news article from a website. Read carefully and do the assignments given at the end of both.

### 1- Plastic: A Devil in Disguise by Benazir Raz Soomro



**I am writing this with immense grief that no matter how much we speak and write about the hazards of using plastics in any form, nobody seriously pays attention or takes any step in reducing the use of it.**

I begin this article with the hope that the younger generation will somehow think about the dangers of plastic seriously and will take a

few little steps in abandoning the habit of using plastic in 'any form' from now on.

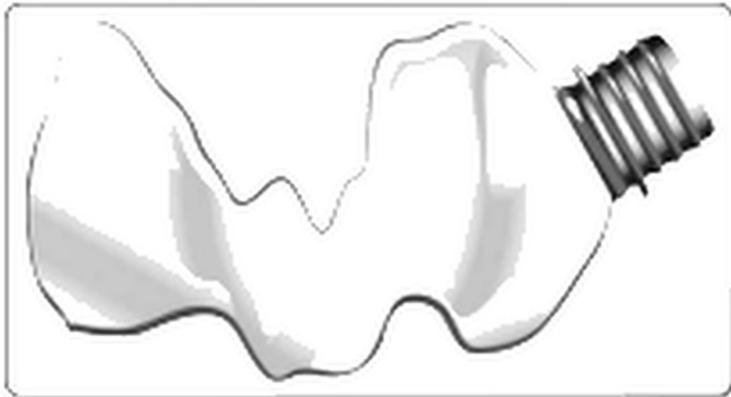
There is no doubt that plastic products are cheap and are more convenient than glass and metal as they don't break easily or can be discarded without giving much thought. However, its convenience has made it a devil in disguise. There is no denying that plastic is all around us, we carry things in shopping bag, use kitchen containers, utensils, drink in plastic bottles, buy plastic wrapped vegetables, fruits, meat, juice, straws, plates, the grocery and various other material covered in plastic... this is just the kitchen-related items that I pointed out, I haven't moved to any other part of the house till now ... imagine the magnitude of this plastic endemic. However, if not all, a lot of it can easily be



replaced with environmentally-safe material like cloth, metals and glass products.

#### ***Earth, Environment and Plastic:***

You may have seen garbage burning in the open air, the garbage is usually full of plastic bags and discarded material. When plastic is burnt in open air, it releases dangerous chemicals such as hydrochloric acid, sulphur dioxide, dioxins, furans etc. All of these emissions are known to cause respiratory ailments and stress to the human immune system and they're potentially carcinogenic (cancer-causing).



#### ***Marine life:***

A view to the beach is no more satisfying but disgusting, as you see rubbish — including empty cans, bottles, straws, plates and what not — lying on the shoreline, many even washing away with the waves.

Complete news article is available on

<https://www.dawn.com/news/1475616/plastic-the-devil-in-disguise>.

#### **Task:**

After reading the article above, answer the following questions in your notebooks:

- a- Write down the number of ways in which plastic is used in kitchen items?
- b- How does plastic affect the environment and marine life?
- c- Why should we avoid the use of plastic?
- d- What can we use in place of plastic?

The problem doesn't lie on the beach alone; it lies deep down in the sea. A recent research conducted in the Western North Pacific Ocean, over 10,000 metres down states that

***“One single water bottle will remain on the planet in some form for a minimum of 450 years.”***

Plastic waste kills up to a million seabirds a year. Most of these birds and marine animals, such as different species of whales, other fishes, sea turtles, etc., mistake plastic bags for their food and ingest them. As a result, the plastic material takes up room in their stomachs, causing severe pain and starving them to death and, if not this than most of them get entangled in discarded material like plastic nets, plastic bags, containers.

Another alarming highlight from the same research says: “Plastics are ubiquitous even at depths of over 6,000 metres and 92 per cent [is] single-use products.”

Remember not all types of plastic are recyclable as they are made in different ways.

*Published in Dawn, Young World, April 13th, 2019*

## FASCINATING FACTS ABOUT THE MARKHOR (NATIONAL ANIMAL OF PAKISTAN)

Over the last 8 years of running Green Global Travel, there's been an unfortunate amount of bad news to report for nature and wildlife. But the comeback of the markhor- the National Animal of Pakistan- from the brink of extinction has been one of the world's great (but little known) conservation success stories.

When we first wrote about this impressively horned wild goat in 2011, the population in its native range (which includes mountainous regions of Afghanistan, India, and Pakistan) had shrunk to around 2,500 individuals.

Back then, the situation for the endangered species was looking incredibly



bleak. Trophy hunters wanted the markhor's long, spiraling horns for their display case. Locals wanted the 200-pound animal's meat for food.

Some traditional Chinese medicine practitioners sought out the animal for its purported healing powers. With man's steady encroachment, the markhor was also fighting domestic livestock for food.

Conservation initiatives from wildlife NGOs like *Save Our Species* and *WCS Pakistan* were put into place. Once completely legal in Pakistan, markhor hunting licenses were limited to just 12 per year.

Thanks to these changes, the majestic mammals gradually began to rebound. Over the course of a decade, their population grew by an incredible 20%.

In 2015, the International Union for the Conservation of Nature removed the markhor from its 'Endangered' species list and downgraded it to 'Near Threatened'.

For complete story you can access the blog at: <https://greenglobaltravel.com/endangered-species-spotlight-markhor/>

**Task:** The majestic markhor has just survived from the threat of extinction. Write the reasons of its unchecked hunting by the predators in the following blocks.

<b>Trophy Hunters</b>	• Reason
<b>Natives/ Locals</b>	• Reason
<b>Chineses Medicine makers</b>	• Reason



## Language Corner

### 1-The Definite and Indefinite Articles:

**The definite article = 'the'** is used for both singular and plural nouns in *specific* cases when nouns refer to things or individuals which the reader or listener knows something about. *For example: The cat was very hungry and therefore was moving impatiently.* Here the reader or listener knows which particular cat is being referred to.

**The indefinite article = 'a'** is used before a singular noun beginning with a consonant and *'an'* is used before a singular noun beginning with a vowel in *generic* cases where the reader or listener knows nothing. In case of plural noun, no article is used. *For example: A cat was sleeping peacefully under the shade. Cats were sleeping peacefully under the shade.*

**Task:** Fill in the blanks with appropriate use of *a, an* or *the*.

- 1- \_\_\_\_\_ new girl has started at school today. We didn't know but as we worked in groups, we found her \_\_\_\_\_ eager learner.
- 2- This is \_\_\_\_\_ parrot I was referring to when we met yesterday.
- 3- Hasan is not able to come with us to \_\_\_\_\_ basketball court as he is suffering from \_\_\_\_\_ flu.
- 4- My mother doesn't usually eat \_\_\_\_\_ ice cream but this looks delicious. Therefore, she decided to try \_\_\_\_\_ praline flavour.
- 5- He was crossing the road carefully when \_\_\_\_\_ high speeding car hit him. Driver of \_\_\_\_\_ car stopped and took him to \_\_\_\_\_ hospital.

## 2-Direct and Indirect Speech:

We use direct speech when we repeat someone's words and indirect speech when we use our own words to report what someone says.

For example: **Direct speech:** *'I like football,' Abdullah said.*

**Indirect speech:** *Abdullah said that he liked football.*

In direct speech the reported words are inside quotation (speech) marks, and followed by a saying word. The most common saying word is said but there are many more. If saying word comes before reported speech, it has a comma after it and before the speech marks. Appropriate use of punctuation is necessary to communicate true meaning of the reported speech.

**Task :** Punctuate the following paragraph according to the rules of direct speech.

*It was a thrilling start to the evening As people streamed into the stadium many voices could be heard above the crowd Please keep me a seat yelled Sara Of course I will shouted Kareem from across the stadium Your ticket has your seat number on it so if you make your way over here you will find your seat next to mine OK that is great. See you now shouted Sara*



### Creative Writing

After reading texts given in previous pages it becomes clear that climate change is a consequence of some human made actions. This relationship of event is called "cause and effect" relationship. A **cause and effect essay** is a type of **essay** that is written or edited with an objective of explaining why things happen (**causes**) and what are the consequences (**effects**).

**Task:** With the help of your teacher write a short *cause and effect essay* on the following topic:

**Impact of human activities on climate change on Earth**

**Tip:** First, collect the information on climate change and think about the possible causes which might lead to these changes

### Task - Group Work:

Do you or anyone in your family listen to daily or weekly weather forecast to plan the day? Weather forecasting has become more accurate due to technological advancement. Almost every digital machine such as laptops, tablets or smart mobile phones have special weather applications installed in them to provide accurate weather forecasts. Work in small groups of 3-4 and design forecast for each weather icon given in the table below:

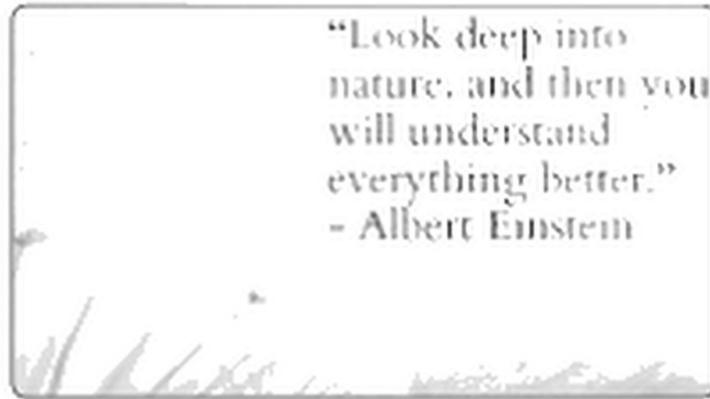
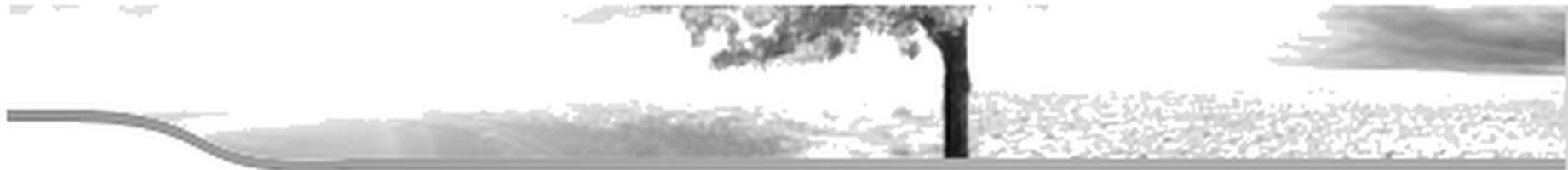
	
	
	
	



### Fluency of expression

#### 1- Quotes Collection:

Collect at least five quotes on nature and write them in your notebook. You may collect picture quotes from the internet with the help of your teacher. A few examples are given below:



## 2- Learn Idioms for fluent expression

Idioms use creative descriptions to share an idea or feeling. Here are some idioms related to animals along with their meanings. Use them in your own sentences to elaborate their meaning

Sr. No	Idioms	Meanings	Use in Sentences
01	Busy like a bee	A person who has a lot of work to do	Whenever I call her, she is always busy like a bee.
02	Butterflies in stomach	When one is really nervous about something	
03	Go on a wild goose chase	To do something pointless	
04	Hold your horses	To wait a moment	
05	Black sheep	A member of family or group who is regarded as a disgrace to it	

### 3- Speech Act - Talking about Earth and Climate Change:

Here is a short speech act to emphasize our responsibilities towards this Earth and prevent hazards of climate change.

With increasing number of sky scrapers and industries the world is more beautiful now!



I beg to differ here, because the cost of this development is natural beauty which Earth is losing rapidly



I can't agree more to this extent. We should plan better to conserve natural beauty and resources of the Earth.



### 4- Fun Reading:

**Q:** Why are fish so smart?

**A:** *Because they live in schools!*



## About the Authors

### **Dr Samina Nadeem**

With a mosaic of vast experience in genres of English literature and language in both the fields of teaching and training, Dr. Samina Nadeem has been providing services in education from school to university level for the last four decades. Her Master's degree in English Language Teaching (ELT) from Warwick University, UK has lent her competence to tackle linguistic issues and resolve them amicably. Her Ph.D. degree has blended in the research elements to her experiences thus enabling her to create materials which keep interest among the students with psycho and socio linguistic cover. She has a rich experience of writing and editing English books and preparing materials for students of different levels.

### **Mrs. Saadia Adnan**

Being a self-motivated and progressive professional, Mrs Saadia Adnan has a montage of portfolios and qualifications across her professional journey. Started off as Masters in English Linguistic and Literature from National University of Modern Language (NUML) in flying colours, her recent degree is MPhil in Education Leadership and Management from Flinders University, Adelaide Australia. She began her career as an English language teacher, then became a school Principal and these days working as Director Training & Coordination in Federal Directorate of Education. Throughout her career she has also been rendering services as Master Trainer for English Language Development and English Language Teaching; and has conducted more than hundred teachers training workshops.

Approved by Government of Pakistan  
Ministry of Federal Education & Professional Training  
vide letter No. F.1-1/2017-NCC Dated: 20th January 2020



## قومی ترانہ

پاک سر زمین شاد باد! کشورِ حسین شاد باد!  
تو نشانِ عزمِ عالی شان ارضِ پاکستان  
مدرکزِ یقین شاد باد!

پاک سر زمین کا نظام قوتِ اخوتِ عوام  
قوم، ملک، سلطنت پائندہ تابندہ باد!  
شاد باد منزلِ مسراد!

پرچم ستارہ و بلال رہبرِ ترقی و کمال  
ترجمانِ ماضی، شانِ حال جانِ استقبال  
سایہ خدائے ذوالجلال!